

Children's Mental Health (CMH) Community Partner Updates

December 2022 – January 2023

The following updates were received from Children's Mental Health Community Partners.

Badger Inc. (Affiliate of RHS)

- 1. What are the services or opportunities your organization provides for the community?

 Under the umbrella of Badger Inc., RHS, and BEST LLC (which is our sister company in Region 6) we provided comprehensive behavioral and medical health to Children throughout Regions 6 and 7.
- What are the communities/counties you provide your services in?
 Crisis Center Services for all Counties in South East Idaho including Bingham; Bonneville; Butte; Clark; Custer; Fremont; Jefferson; Madison
- 3. What has your organization completed in the last month?

 Recently awarded the Contracts from Dept of Health and Welfare for Early Serious Mental Illness (ESMI formerly known as the STAR program at the State. We began receiving referral's through Regions 6 and 7 for first time episode mental illness for ages 15-30 years.
- 4. What is your organization planning to work towards or planning to provide to the community in the coming month? December 1st, 2022 we were awarded the Grant for the new Youth Behavioral Health Crisis Community Crisis Center (YBHCCC) through the Joint effort of the Department of Juvenile Justice and the Department of Health and Welfare
- Name of the Individual Completing the Form DeVere T, Hunt, CEO
- For questions, please contact: DeVere Hunt, devereh@rhscares.com / 208-709-7029

Challis Area Health Center

- 1. What are the services or opportunities your organization provides for the community? Behavioral Health Services including school-based program.
- What are the communities/counties you provide your services in?
- 3. What has your organization completed in the last month?
- 4. What is your organization planning to work towards or planning to provide to the community in the coming month?
- 5. Name of the Individual Completing the Form Kate Taylor, Chief Compliance Officer and Grants Manager
- 6. For questions, please contact:

Kate Taylor, ktaylor@cahinc.com

Idaho Lives Project

- 1. What are the services or opportunities your organization provides for the community? Idaho Lives Project is a partnership between the Idaho State Department of Education and the Idaho Department of Health and Welfare. ILP's mission is to foster connectedness and resilience throughout Idaho school communities to prevent youth suicide.
- 2. What are the communities/counties you provide your services in? Statewide
- 3. What has your organization completed in the last month? Gatekeeper trainings, virtual trainings that include prevention, intervention and postvention. As well as non-suicidal-self-injury intervention and special populations. Also, certified Sources of Strength youth training. Postvention support to schools who have had a sudden death (not just suicide specific). These activities are ongoing throughout the school year.
- 4. What is your organization planning to work towards or planning to provide to the community in the coming month? Gatekeeper trainings, virtual trainings that include prevention, intervention and postvention. As well as non-suicidal-self-injury intervention and special populations. Also, certified Sources of Strength youth training. Postvention support to schools who have had a sudden death (not just suicide specific).
- Name of the Individual Completing the Form Jeni Griffin, Southeast Idaho Regional Coordinator
- 6. For questions, please contact: Jeni Griffin, 208-716-1231

Other comments: ILP provides numerous in-person and virtual suicide prevention trainings for both adults and youth. All trainings are available at no cost. Depending on funding and availability, ILP helps schools implement suicide prevention programs through its annual grant application process.

Upper Valley Child Advocacy Center

- What are the services or opportunities your organization provides for the community?
 Child advocacy services including forensic interviews, family advocacy, referrals to mental health and medical services as well as prevention trainings taught in elementary and middle schools as well as to schools, law enforcement, probation, prosecutor's offices and other community partners and members.
- What are the communities/counties you provide your services in?
 BHB Regionwide (Bingham, Bonneville, Butte, Clark, Custer, Fremont, Jefferson, Lemhi, Madison, and Teton)
- 3. What has your organization completed in the last month? UVCAC ended the year with 126 new cases brought to us in 2022. We also have continued to work on our juvenile justice (Non-PREA) project gathering data and information as we try to develop a protocol for across the state for children in the juvenile justice system to receive equitable child advocacy services when they disclose abuse prior to their incarceration.
- 4. What is your organization planning to work towards or planning to provide to the community in the coming month? We continue to work on getting our mobile CAC unit ready to deploy. We anticipate it will be fully ready in the next few months and hope to have an open house in April.
- 5. Name of the Individual Completing the Form Ashley Stallings, Executive Director
- For questions, please contact: Ashely Stallings, ashley@uppervalleycac.org

Families and Youth of Idaho

1. What are the services or opportunities your organization provides for the community?

Family Support Line- We've designed our Family Support Line to help families navigate the youth mental health system of Idaho, to connect youth to services, and to find useful resources in an effort to empower parents as they advocate for their child and family.

https://www.fyidaho.org/parents-caregivers/family-support-line/

Support Groups for parents: We currently have groups for parents with youth who have complex diagnosis, parents of children in residential, & "Neuro-Spicey" Parents.

https://www.fyidaho.org/parents-caregivers/fyi-parent-support-groups/

Youth MOVE (Motivating Others through Voices of Experience): Youth MOVE Discord (YM Discord) is a statewide virtual program for high schoolers throughout Idaho to provide peer emotional support to one another and practice mental health advocacy. YM Discord is meant for high schoolers who live in rural areas, teens who prefer connecting virtually, or can't attend our in-person Youth MOVE groups for other reasons.

https://www.fyidaho.org/youth-move-discord/

2. What are the communities/counties you provide your services in? Statewide

3. What has your organization completed in the last month?

Youth MOVE Discord has increased participation! We are excited to have a more active group and offer this Youth MOVE Discord to youth across Idaho

- 4. What is your organization planning to work towards or planning to provide to the community in the coming month? Opportunities for youth to lead in the Youth MOVE Discord group. Our program lead for Youth MOVE Discord works to have youth voice lead the needs of the group and direct the program.
- 5. Name of the Individual Completing the Form Michelle Batten, Family Engagement Director
- 6. For questions, please contact:

Michelle Batten, mbatten@fyidaho.org

Mental Health Coalition of Teton Valley

1. What are the services or opportunities your organization provides for the community?

Six free counseling sessions to all Teton Valley residents who otherwise couldn't afford services Free case management, connection to care, and assistance navigating the mental health system for all Teton Valley youth and families

Free behavioral health groups in all of our elementary schools

Access to a licensed clinician one day a week at each of our public schools

Grief Support Group

Cancer Support Group

QPR Training

Consultation & Supervision for mental health professionals

Community outreach and education on a variety of mental health topics

2. What are the communities/counties you provide your services in?

Teton

3. What has your organization completed in the last month?

We ran all of the above programs and services last month.

Mental Health Coalition of Teton Valley (continued)

- 4. What is your organization planning to work towards or planning to provide to the community in the coming month? Continuing the above services and programs.
 - Doing a three-part series with our Senior Center regarding mental health first aid, suicide prevention, and mental health topics specific to the aging population.
 - Participating in a social service health fair at our local middle school in collaboration with our Latinos in Action student group.
- 5. Name of the Individual Completing the Form
- Sara White, Executive Director
- 6. For questions, please contact: Sara White, 208-354-6198

Community Youth in Action

1. What are the services or opportunities your organization provides for the community?

First is the CYA Coalition. This team focuses on community volunteer projects, substance abuse and suicide prevention, youth leadership, evidence-based prevention classes, safe & sober activities, parent education, the annual TRAPPED Leadership Retreat, school assemblies, community presentations, and parent education.

Second is the LIV Teen Center. The teen center provides daily transportation, meals, after-school tutoring, and enrichment classes for all area youth grades 7-12. Classes include STEM, art, music, fitness, cooking, adulting 101, crafts, support groups, sewing, photography, and more. If you want it, we can find it. The teen center offers a safe environment for after-school hours with caring and supporting mentors.

The third is the new SPaRC Team. This team assists youth and families to connect to resources available in the community, such as food, clothing, and medical & mental health needs. They are available to screen youth to determine the best resources available in our community to meet their needs. This team is available on call 24 hours (208) 544-4357 to provide a safe place for youth. They aim to prevent youth from entering the Juvenile Justice System, Behavior Health Hospital, or Health and Welfare System when they are at lower risk. (If your young person is in great harm of injury, please seek help at our local emergency room)

- 2. What are the communities/counties you provide your services in? Bingham; Bonneville; Fremont; Jefferson; Madison;
- 3. What has your organization completed in the last month?
 - CYA has hosted several trainings for staff including Stewards of Children, Trauma Informed Care, and building of the 40 Developmental Assets. In addition, we just began a session of Strengthening Families.
 - LIV Center has hosted numerous tutoring and enrichment classes.
 - SPaRC has launched the assessment center and has begun seeing families.
- 4. What is your organization planning to work towards or planning to provide to the community in the coming month? Continued work of all our goals and grant deliverable projects. With the addition of launching our revamped website this month, we will continue to do what we do best, which is changing the lives of teens each day.
- 5. Name of the Individual Completing the Form Becky Leatham, Executive Director
- 6. For questions, please contact: Becky Leatham, 208-521-5328

Eastern Idaho Community Action Partnership-Head Start/Early Head Start

1. What are the services or opportunities your organization provides for the community? EICAP Early Head Start is a 5 day a week, full day childcare program for families with children ages birth to 3. EICAP Head Start is a 4 day a week preschool program for families with children ages 3-5. Within Head Start and Early Head Start classrooms, our staff is dedicated to helping children grow mentally, socially, emotionally and physically in many ways, including:

Developing positive relationships with adults and other children.

Offering the opportunity to socialize with others, solve problems and other experiences that help children become more self-confident.

Our nutrition services provide healthy meals and snacks for all students.

One function of health services is helping pay for medical and dental needs when a child needs treatment and is not covered by insurance and all other avenues have been exhausted.

Ensuring that every child is given the best chance to succeed.

Offering children with disabilities an environment in which their needs are considered without judgment.

- 2. What are the communities/counties you provide your services in? Bingham; Bonneville; Lemhi; Madison;
- 3. What has your organization completed in the last month?
 - We have been working with our Mental Health consultant, Ostermiller Counseling, on a few behavior referrals as well as having family nights where our MH Consultant facilitates the topic for the meeting. The MH Consultant also supports staff through the referral as well as with Staff trainings. The families also have access to our consultant for needs that do not resonate in the classroom, but do show up at home. We are also in our second year of the Pyramid Collaborative with the State of Idaho and are working towards learning more and more about the program.
- 4. What is your organization planning to work towards or planning to provide to the community in the coming month? We are working on building the skills of all of the staff as we continue working on the Pyramid Collaborative with the State of Idaho. As well as continued work with Ostermiller Counseling toward meeting the needs of our students and families throughout the rest of the school year.
- 5. Name of the Individual Completing the Form
 Beth McCullough, Children's Services Advisor/Early Head Start Coach (I oversee Education, Disabilities, and Mental Health for the Program)
- 6. For questions, please contact:

Beth McCullough, bmccullough@eicap.org

Other comments: How does someone from our agency become part of your board?