

R7BHB Children's Mental Health (CMH) Subcommittee

March 16, 2018

10:00 a.m. – 11:15 a.m.

Eastern Idaho Public Health
1250 Hollipark Drive, Idaho Falls, ID

Attendees: Amber Gray, Amy Minzghor, Cheryl O'Connell, Chris Freeburne, Crista Henderson, Dave Peters, Eric Hill, Janet Goodliffe, Josie Russell-Adkins, Laura Wallis, Megan Slusher, Melinda Cook, Mimi Taylor, Paula Larsen, Randy Rodriguez, Robert DeHart, Steve Orme, and Teriann Parker

Via Phone: Angela Lindig, Steve Graci, and Tina Ricks

Minutes

Agenda item: Welcome & Roll Call **Presenter:** Teriann Parker

Attendees were asked to introduce themselves and describe their role in the agencies they represent.

Agenda item: Additional Agenda Items **Presenter:** Teriann Parker

None

Agenda item: Approval of 2/16/2018 meeting minutes **Presenter:** Teriann Parker

Teriann Parker asked for any changes to the February 16, 2018 meeting minutes. No changes were proposed.

MOTION: Dave Peters made a motion to approve the February 16, 2018 CMH Committee meeting minutes. Motion seconded by Crista Henderson. Passed unanimously.

Agenda item: Children's Mental Health Awareness Week 2018 **Presenter:** Teriann Parker

Teriann provided an update on the activities planned for May 3-5, 2018. The CMH subcommittee is working with Compass Academy. The poster contest viewing and judging will be on May 3 at Compass Academy. On May 4, also at Compass Academy, there will be a three-hour ethics training for mental health professionals and a viewing of the film, *Screenagers*, for students. On May 5, there will be a keynote speaker, breakout workshops, and a benefit concert in the evening. These events are for the community and will be held at Compass Academy. Lunch will available for purchase on Friday. The Events Committee is looking for a sponsor to provide lunch on Saturday.

A showing of *Screenagers* is \$650.00 per show or \$500.00 for multiple shows. Optum has committed \$800.00. District 4 Juvenile Justice and The Idaho Federation of Families have also donated funds for the showings. For information on *Screenagers*, go to <https://www.screenagersmovie.com/>.

Angela Lindig will be contacting the Technology Departments of schools in the region to provide them with information about *Screenagers* and to see if they are interested in showing the film.

Agenda item: YES (Youth Empowerment Services) Program Access Model **Presenter:** Josie Russell-Adkins and Dave Peters

Josie Russell-Adkins updated the group on the referrals for Person Centered Planning and the Child and Adolescent Needs and Strengths (CANS) assessment. Region 7 is getting more than half of the referrals from the State. Referrals are coming from Medicaid and through group respite.

Ms. Russell-Adkins reports she has two families in the Wraparound Pilot Program. They are using information from the CANS assessment to support Wraparound.

Dave Peters, Laura Wallis, and Josie Russell-Adkins explained the process of the new system of care for children with serious emotional disturbances (SEDs).

Agenda item: Parent Network

Presenter: Laura Wallis and Amy Minzghor

The Parent Network has been working on trainings throughout the state and collecting information from the surveys. They are currently working on their next survey.

The Parent Network is working with families to help answer questions and resolve concerns and complaints regarding the Idaho Department of Health & Welfare. There is a formal process in place for this. More information can be found at <http://youthempowermentservices.idaho.gov/> or by contacting Laura Wallis at lauraunscripted@gmail.com.

The Parent Network will present at the State Department of Education Prevention & Support Conference on April 12-13, 2018.

The Parent Network is distributing meaningful information to families and providers using doctor's offices, social media, websites, and schools.

Ms. Wallis recently represented the State of Idaho at the Research and Policy Conference for Children, Youth, and Young Adult Behavioral Health.

Amy Minzghor will be speaking with the Department of Health & Welfare regarding mental health and Child Protective Services.

Agenda item: Idaho Federation of Families

Presenter: Steve Graci

Steve Graci provided information on the "My Voice Matters" poster contest for Children's Mental Health Awareness Week in May. The poster contest flyer, created by Angela Lindig, can be customized with regional information. If you have questions, please contact Angela Lindig at (208) 342-5884, Ext. 102 or angela@ipulidaho.org.

In addition to showing *Screenagers*, Steve Graci would like to put together a panel of speakers to discuss children's mental health issues. Teriann Parker said the Compass Academy auditorium will be available and seats 600 people. The Idaho Federation of Families is planning to fund at least one showing of the film but additional funding is needed from other sources (such as RBHBs, Juvenile Justice, etc.). To advertise and promote CMH awareness activities this spring, send information to Steve Graci at sgraci@idahofederation.org.

There will be two webinars in May; one will focus on YES and the other on Child Welfare. More information about the webinars can be found on the Idaho Federation of Families' website at www.idahofederation.org.

Angela Lindig reports that Idaho Parents Unlimited is supporting all the efforts of Children's Mental Health Awareness Week/Month.

Agenda item: Announcements and Public Comment

Presenter: Teriann Parker

- Dave Peters provided information about Hope Squad, a suicide prevention program training at District 93 for staff and students. If you are interested in attending, contact Ilene Ricks at ricksi@D93.K12.id.us.
- Mimi Taylor provided information on the SPAN (Suicide Prevention Action Network) Golf Tournament scheduled for June 9, 2018 at Sand Creek Golf Course in Idaho Falls. For more information, please contact SPAN, Eastern Idaho at spaneastid@gmail.com.
- Laura Wallis asked if there was interest in working with the Technology Careers High School to develop a website for promoting topics and activities related to Children's Mental Health. Steve Graci thought this would a good opportunity to collaborate with the Youth Move groups and the Bonneville Youth Development Council. Engaging in partnerships and projects like this will help fulfill certain objectives on the Region 7 Behavioral Health Board's strategic plan.
- Amy Minzghor was invited to be a guest speaker at Compass Academy last week regarding behavioral health issues. She reported the kids were very involved, reached out, and asked great questions.

ADJOURNMENT: The meeting was adjourned at 11:15 a.m.

Next Meeting: April 20, 2018 at 10:00 a.m. in the Conference Room at Eastern Idaho Public Health (1250 Hollipark Drive, Idaho Falls, Idaho).