

CMH Subcommittee

November 20, 2015

1:00 pm – 2:00 pm

State Office Building
150 Shoup Ave

Attendees: Teriann Parker
Corinne Bird
Dionne Chatel (phone)
Randy Parker
Janet Goodliffe

Matt Christensen
Holly Allen
Emily Tonks
Dave Peters
Janneil Eggleston

Minutes

Agenda item: Welcome **Presenter:** Teriann Parker

Agenda item: Grant Status and Future Plans **Presenter:** Teriann Parker

Discussion:

Grant application through Blue Cross was submitted on November 3rd, requesting \$15,000 to provide for trainings. The plan is to do a road show to bring trainings to six (6) community areas: Driggs, Dubois, Arco, Salmon, Blackfoot, and Idaho Falls over a six (6) month period. In month 8 or 9 there is the possibility of bringing in a National Trainer to Idaho Falls to present trauma focused training for parents/guardians, law enforcement personal, daycare providers, etc.

Part of the grant funds would be used to purchase thumb drives to provide a vast amount of educational materials and resources to the community. Additionally, some funds could be used to help those in the community to be able to attend the trainings (transportation costs, hotel stay, etc.).

Community outreach will be important in promoting the trainings. Dave Peters encouraged the subcommittee to not overextend and to tap into existing resources that are already in place. Janet Goodliffe suggested looking into what other resources could be pulled together if the grant is not obtained.

Conclusions:

It is projected that the subcommittee should know by the end of December if the grant is awarded.

Agenda item: State Planning Council Readiness Application for RBHB **Presenter:** Teriann Parker

Discussion:

RBHB is working on completing the readiness application to be submitted to the State Planning Council next month. Section 1, #4 of the application applies specifically to the CMH Sub-Committee: "Attach description of role of this subcommittee in relationship to the RBHB."

Subcommittee discussed what their role is: providing CMH awareness and support, addressing gaps and needs, making recommendations, partnering with the community to identify needs, researching and developing ways to help and educate the community, children, youth, adolescents, and their families. The number one goal is supporting kids and their families.

Conclusions:

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.

Agenda item: Follow Up from Statewide CMH Network Call **Presenter:** Dave Peters

Discussion:

Dave Peters reviewed the agenda from the Statewide CMH Network call on November 10, 2015. Attention was given to the Jeff D workgroups, both current and upcoming. It may be beneficial to have a presenter attend the RBHB meeting to give an overview of Jeff D.

The planning for the upcoming Children's Mental Health Awareness Week is underway. A theme is being pursued, no national theme has been announced yet, and next steps were discussed. Need to consider what the regional needs are, what would be helpful in local communities, what obstacles exist, and provide feedback on what respite needs are. There will be a form to complete on the respite feedback (have not seen yet).

Specifically listed as a next step: "Gather info on what we have done before for CMH Awareness Week to share info with other regions." Teriann reported she has already completed this but will follow up.

Action items	Person responsible	Deadline
✓ Coordinate with Pat Martel to attend the next RBHB meeting to present on Jeff D.	Dave Peters	12/16/2015
✓ Obtain approval from RBHB chairman for addition of agenda item: Pat Martel to present on Jeff D.	Holly Allen	12/16/2015
✓ Follow up on submission of gathered information to be shared with the other regions.	Teriann Parker	12/18/2015

Agenda item: Respite **Presenter:** Dave Peters

Discussion:

Subcommittee discussed what respite is and the challenges. Respite is used to give parents with challenging children a break to rejuvenate and has proven to be an effect tool in keeping children in their homes and out of the hospitals. There is reportedly \$1 million specifically for children but there are two (2) "pots" of money that need to be clarified which the money will come from and how it can be used. The primary challenge in this region is finding and recruiting respite providers.

Action items	Person responsible	Deadline
✓ Get clarification on which "pot" the money for respite will come from and how it can be used.	Dave Peters	12/18/2015

Agenda item: November Highlights from the Idaho Behavioral Health Planning Council **Presenter:** Teriann Parker

Discussion:

Teriann Parker reviewed the notes provided by Holly Maleno on the Idaho Behavioral Health Planning Council meeting from early November.

Other Information

Other Business:

Corinne Bird will no longer be in attendance of the CMH Subcommittee meetings due to switching roles at EIPH and there already being other EIPH representation at the meeting.

CMH Subcommittee to consider having specific seats on the committee. This will be readdressed at future meetings.

Next Meeting:

December 18, 2015 @ 1:00 pm @ Eastern Idaho Public Health, 1250 Hollipark Drive, Idaho Falls.