

MEETING MINUTES

Children's Mental Health (CMH) Committee
Friday, January 17, 2020
10:00 a.m. - 11:15 a.m.
Eastern Idaho Public Health Conference Room



ATTENDEES: Shane Boyle, Marco Erickson, Chris Freeburne, Crista Henderson, Becky Leatham, Nikayla Liebe, Teriann Ness-Parker, Cheryl O'Connell, Dave Peters, Josie Russell-Adkins, Amy Minzghor, Adam Walz, Kayla Walz, and Elizabeth Yanez

1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order and introductions were made.

ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker

No additional agenda items.

APPROVAL of NOVEMBER 15, 2019 MEETING MINUTES | Teriann Ness-Parker

Motion: Dave Peters made a motion to approve the November 15, 2019 CMH Committee meeting minutes. **Seconded by Teriann Ness-Parker. Motion passed.**

2. IDAHO FEDERATION OF FAMILIES (<https://idahofederation.org/>) | Ruth York

No report

3. YES (Youth Empowerment Services) | Josie Russell-Adkins/Dave Peters, IDHW

- Josie reports their CANS (Child and Adolescent Needs and Strengths) Assessment Train the Trainer is coming up soon. Four of the Children's Mental Health staff will attend the training in February.
- They are still building Wraparound and have added the referral process in collaboration with State Hospital South. Clients coming out of State Hospital South will be offered Wraparound services.
- Dave reports they are also collaborating with the Department of Juvenile Corrections to offer Wraparound services when youth are released.
- Dave announced that they have signed a contract with East Idaho Youth Homes, Linden Cottage, to provide crisis services for children 11-17 years of age. The facility will conduct the initial screening to determine if the child is eligible for placement. If it is determined they are eligible, Children's Mental Health will cover the cost. Parents have to sign the patients in to the facility since it is a voluntary placement program.
- More information can be found here: <https://youthempowermentservices.idaho.gov/>.

4. PARENT NETWORK | Amy Minzghor

Amy reported that her and Laura Wallis attended the Parent Network conference in October.

- Parent Network is working on providing more resources for parents on the website.
- Laura is currently working on a manual to help families navigate the Juvenile Corrections System.
- They are planning on having a conference in Boise in May.
- More information can be found here: <http://idahoparentnetwork.org/>.

5. COMMUNITY YOUTH IN ACTION | Becky Leatham | Marco Erickson

- Becky provided information regarding the TRAPPED (Teens Rising Above Peer Pressure Every Day) training. Sixty-one youth attended the recent training. Becky and Marco provided information on the speakers and activities. Shane Boyle, Teriann Ness-Parker, and Nikalya Liebe also attended the training and provided input.



- The Strengthening Families program will start a 14-week course beginning January 22, 2020. To register, contact Becky at cya.becky@gmail.com. There is no registration fee, a meal will be served, and childcare will be provided. Classes will be held at the LIV Teen Center (535 W. 21st Street).
- Becky is working with Stephanie Taylor-Silva, Re-entry Specialist at Region 7 Felony Probation and Parole/Idaho Department of Correction, to educate parents about the LIV Teen Center and the resources available there for their kids.
- Marco provided an update on the training the R7BHB funded for youth to attend the 2019 Advancing School Mental Health Conference in Texas. He reviewed the conference surveys that were completed by attendees. They are working on school connection groups called "SHIFT Teams" to enhance programs already in place within the school system. Since presenting at the conference in November in Texas, the group has been asked to present in Washington D.C. and Florida.
- There is a Prevention Conference on April 9-10, 2020 in Sun Valley.
- The LIV Teen Center is going to have a charter Boy Scout group.

6. ANNOUNCEMENTS

- Becky Leatham announced that the Bright Lights LGBTQ group will meet at the LIV Teen Center every Friday.
- Mimi Taylor announced that there is a retirement party planned for Russ Wheatley on January 23, 2020 from 1:00 to 3:00 at the Felony District 7 Probation and Parole office.
- Amy Minzghor announced that Community Suicide Prevention is putting together packets to give to families who have suffered a loss due to suicide. They are looking for a couple of clinicians that would be willing to be listed as a resource for a couple of quick sessions at a sliding fee scale rate if insurance is not available. If you know anyone in the area who may be willing to do this in Region 6 and 7, contact Amy. Her email is amyminzghor@gmail.com.
- Becky Leatham announced the Community Suicide Prevention (CSP) Board is having an all-day retreat on March 7, 2020. They are going to get together and brainstorm ways to help in the community. The retreat will be held at the LIV Teen Center. If you have ideas, let Becky or another CSP board member know.

7. PUBLIC COMMENT

No public comment

8. ADJOURN

The meeting was adjourned at 11:15 a.m.

The next Children's Mental Health Committee meeting is scheduled for 02/21/2020 from 10:00 to 11:15 a.m. at Eastern Idaho Public Health (1250 Hollipark Drive, Idaho Falls).