MEETING MINUTES

Children's Mental Health (CMH) Committee Friday, October 26, 2018 10:15 a.m. - 11:15 a.m. Eastern Idaho Public Health Conference Room



ATTENDEES: Ashley Billman, Shane Boyle, Robert DeHart, Janet Goodliffe, Sevena Harris, Lelainne Harvath, Crista Henderson, Eric Hill, Becky Leatham, Amy Minzghor, Indi Myler, Cheryl O'Connell, Chari Plyler, Ali Randall, Josie Russell-Adkins, Megan Slusher, Mimi Taylor, Shawna Tobin, Brenda Valle, and Laura Wallis

1. WELCOME and INTRODUCTIONS

ADDITIONAL AGENDA ITEMS

No additional agenda items.

APPROVAL OF SEPTEMBER 21, 2018 MEETING MINUTES.

Motion: Amy Minzghor made a motion to approve the September 21, 2018 CMH Committee meeting minutes. Motion seconded by Josie Russell-Adkins. Motion passed.

2. IDAHO FEDERATION OF FAMILIES

Ruth York was unable to call into the meeting. Laura Wallis reviewed the update provided by Ms. York. The update can be found by clicking the October 26, 2018 meeting materials tab found here: https://eiph.idaho.gov/RBHB/bhbmeetings.html.

3. YES (YOUTH EMPOWERMENT SERVICES) PROGRAM ACCESS MODEL

- Josie Russell-Adkins reported on the Person Centered Service Plans (PCSP). A PCSP is completed when someone applies for Youth Empowerment Services (YES). Medicaid services that are a part of YES include group respite and individual respite provided by an agency. Region 7 is leading the state in the number of referrals; 242 have been approved and referrals are lessening each month.
- Ms. Russell-Adkins reports she is working on becoming a Child and Adolescent Needs and Strengths (CANS) trainer. This will allow her to be able to offer more consultation regarding CANS.
- Ms. Russell-Adkins provided an update on Wrap Around. They currently have 10 active cases.
- The YES newsletter is available at <u>www.YES.Idaho.gov</u>.
- Two new reimbursable services were effective October 1, Family Psycho Education and Crisis Response.

4. PARENT NETWORK

- Laura Wallis provided an update on the conference she and Amy Minzghor attended earlier this month.
- The Parent Network has youth resources available on their website to assist youth with health insurance and provider questions.
- The Parent Network received a \$2500.00 grant to assist with creating resources for their website.
- Ms. Wallis provided information regarding a list of acronyms available on the Parent Network website at <u>www.ldahoParentNetwork.org</u>. There are many resources on the website intended for families who live in Idaho to help them access mental health services

5. PRIORITIES MOVING FORWARD

Deferred to next month.

6. ANNOUNCEMENTS

Ali Randall, School District 93, provided information on a project the Student Council and Hope Squad are working on in the high schools in D93. They will be producing a youth education video on Mental Health Awareness for use on social media.

7. PUBLIC COMMENT

No public comment

8. ADJOURN

The meeting was adjourned at 11:14 a.m.

Next Meeting: Friday, November 16, 2018 at 10:15 a.m. at Eastern Idaho Public Health

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.