MEETING MINUTES

Children's Mental Health (CMH) Committee Friday, November 19, 2021 9:30 a.m. - 11:00 a.m. Zoom Meeting



Children's Mental Health Committee of Region 7 Behavioral Health Board

ATTENDEES: Marco Erickson, Chris Freeburne, Crista Henderson, Lisa Hong, Brad Lambson, Amy Minzghor, Teriann Ness-Parker, Cheryl O'Connell, Dustin Park, Dave Peters, DaNae Schoenborn, Starr Shepard, Mimi Taylor, Laura Wallis, and Brenda Valle

1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order.

ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker No additional items.

APPROVAL OF MEETING MINUTES | Teriann Ness-Parker

Amy Minzghor made a motion to approve the September 17, 2021 meetings minutes. Seconded by Mimi Taylor. Motion approved.

2. PARTNERSHIP FOR SUCCESS GRANT (PFS) | DaNae Schoenborn

- The PFS program provided a Drug Impairment Training for educators in Madison County on October 1. Madison County School District invited the PFS program to attend their professional development training. Forty-two educators were served with the training.
- PFS program partnered with Upper Valley Child Advocacy Center for the Mental Health Symposium on October 8 at Harwood Elementary in Rigby. The symposium focused on building resiliency and coping strategies along with understanding trauma and stress. The symposium had track sessions for educators, first responders, faith community, and the general population. The symposium had 319 registered attendees with 112 registered to attend in person, and 207 registered to attend online.
- PFS has partnered with Brick House Recovery to offer an evidenced-based parent program,
 Positive Action. Positive Action has seven units that are taught once a week for seven weeks,
 or units can be doubled up to complete in a shorter timeframe. The PFS program is willing to
 provide another session with Brick House Recovery in Spring of 2022.
- 3. IDAHO FEDERATION OF FAMILIES (<u>www.idahofederation.org</u>) | Pat Martelle No Report

4. IDAHO PARENT NETWORK (<u>www.idahoparentnetwork.org</u>) | Amy Minzghor/Laura Wallis

- Laura reported on the October conference. The conference will soon be available on YouTube.
- Laura and Amy recently presented at the School Nurses Conference and the TCOM (Transformational Collaborative Outcomes Management) Conference.
- In 2022, Laura and Amy are planning to record monthly educational segments for parents. If you have topics you would like discussed, let them know. Laura's and Amy's email addresses: lauraunscripted@gmail.com and amyminzghor@gmail.com.

5. COMMUNITY YOUTH IN ACTION (CYA) (https://cyaidaho.org/) | Marco Erickson

- Marco encourages everyone to watch the State of the State Address in January 2022.
- The TRAPPED (Teens Rising Above Peer Pressure Every Day) Conference will be held on December 8-11. The Town Hall event will be held at the Shilo Inn on December 11. Parents and the public are invited to attend.



- CYA will be sending out 2000-3000 surveys to gather localized data regarding drug and alcohol use in the schools.
- Marco provided an update on the Elementary Expansion program for 5th and 6th graders. The
 program is tailored to the needs of this age group and is more structured than the activities of
 the older kids.
- 6. BONNEVILLE YOUTH DEVELOPMENT COUNCIL (BYDC) | David Roth No Report
- 7. IGF-FE (INTERAGENCY GOVERNANCE TEAM-FAMILY ENGAGEMENT) | Amy Minzghor Amy has no new information to report this month.
- 8. O.T. for Youth | Lisa Hong, Occupational Therapist
 Lisa provided information on the connection between occupational therapy and mental health. If you are interested in additional information or have questions, contact Lisa at generationsot@gmail.com.
- 9. YOUTH TO ADULT WORKGROUP REPORT | Teriann Ness-Parker
 There are still some programs they need to get clarity on before the guide can be completed.

10. YOUTH GAPS AND NEEDS | Teriann Ness-Parker

- The group discussed gaps and needs including: House Bill 233, legislation that will affect youth, the shooting at Rigby Middle School, substance use triggering removal of children from the home, transportation, the availability of providers, and housing.
- DaNae Schoenborn provided information on resources available at Upper Valley Child Advocacy Center (UVCAC): https://uppervalleycac.org/mental-health-symposium-resources/. DaNae recommended that staff from UVCAC attend a CMH Meeting to provide additional information. She will contact them.
- Laura Wallis provided information on a program at School District 93 addressing bullying.

11. COMMUNITY ANNOUNCEMENTS | Teriann Ness Parker

- The group discussed getting written information together to distribute in the community. If you have information you want included, get it to Teriann.
- Marco Erickson announced he has been selected to attend a national public forum for legislatures next month. He is excited for this opportunity.
- Starr Shepard provided an update on the Idaho Lives Project (ILP). They are extending their services to people up to age 24. On December 7-8, ILP will have a community discussion. She will provide information to Mimi Taylor for distribution.

12. PUBLIC COMMENT

There was no public comment.

13. ADJOURNMENT

The meeting was adjourned at 11:16 a.m.

The next Children's Mental Health Committee meeting is scheduled for January 21, 2022 at 9:30 a.m. via Zoom.