

MEETING MINUTES
Children's Mental Health (CMH) Committee
Friday, February 15, 2019
10:15 a.m. - 11:15 a.m.
Eastern Idaho Public Health Conference Room



ATTENDEES: Chloe Anderson, Ashley Billman, Lindsey Brandenburg, Brandi Daw, Marco Erickson, Chris Freeburne (via phone), Janet Goodliffe, Crista Henderson, Eric Hill, Becky Leatham, Amy Minzghor, Cheryl O'Connell, Teriann Parker, Dave Peters, Chari Plyler, Josie Russell-Adkins, Kathryn Suci, Brenda Valle, and Laura Wallis

1. WELCOME and INTRODUCTIONS

ADDITIONAL AGENDA ITEMS

No additional agenda items.

APPROVAL OF January 18, 2018 MEETING MINUTES.

Motion: Amy Minzghor made a motion to approve the January 18, 2018 CMH Committee meeting minutes. Motion seconded by Crista Henderson. Motion passed.

2. IDAHO FEDERATION OF FAMILIES

No report

3. YES (Youth Empowerment Services) SYSTEM OF CARE

- Josie Russell-Adkins reported that on April 1, 2019, they would be sending out surveys to families to get feedback regarding their experiences with YES System of Care.
- On May 1-2, 2019, there will be a Northwest Regional Transformational Collaborative Outcomes Management (TCOM) conference in Boise. Additional information and a draft agenda can be found on the website <https://www.eventbrite.com/e/northwest-regional-tcom-conference-registration-54409653739>.
- The YES practice manual is now available on the website at www.youthempowermentservices.idaho.gov. Teriann Parker requested 100 printed copies from Dave Peters to use for community outreach. Changes to the manual are anticipated this fall. Accessing the electronic version of the manual will ensure the most current information.

4. PARENT NETWORK

- Laura Wallis announced The Parent Network received a grant of \$2500.00 from The Idaho Community Foundation. The Parent Network plans to use the money to create a "getting started" kit for non-mental health providers such as pediatricians and family practitioners. They are also working on educating school counselors. The group had discussion regarding the roles of school counselors with regards to identifying the needs of students.
- Ms. Wallis explained the concept of block grants and home and community based service needs for those with disabilities and mental health issues. The CMH Committee reviewed the Blessing of Liberty trailer. Blessings of Liberty is a film that celebrates disability and supports the pursuit of life.

5. COMMUNITY YOUTH IN ACTION UPDATE

Becky Leatham, Community Youth in Action (CYA), presented information on the status of a current project. CYA wants to open a Youth Community Center to provide weekend and after school activities for youth in the region. Activities may include entertainment, classes, peer-to-peer support, living assistance, crisis counseling, and AA/NA meetings. They are working on securing a location and funding the project at this time.



6. OUTREACH TO RURAL COMMUNITIES DISCUSSION

Marco Erickson provided information on the Partnership for Success (PFS) grant, which focuses on the prevention of underage drinking in our region, particularly in the more rural areas in the region. Mr. Erickson provided information on the key components of the grant:

- Strengthening Families Program (SFP)
- Drug Impairment Training for Educational Professionals
- Be the Parents Media Campaign

Mr. Erickson will be teaming up with the CMH Committee to provide information and training as part of the committee's continual outreach and educational efforts in the rural communities.

7. ANNOUNCEMENTS

Teriann announced that the CMH meetings will now begin at 10:00 a.m. instead of 10:15 am.

8. PUBLIC COMMENT

No public comment

9. ADJOURN

The meeting was adjourned at 11:18 a.m.

Next Meeting: Friday, March 15, 2019 at 10:00 a.m. at Eastern Idaho Public Health

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.