MEETING MINUTES

Children's Mental Health (CMH) Committee Friday, March 19, 2021 9:30 a.m. - 11:00 a.m. **Zoom Meeting**



of Region 7 Behavioral Health Board

ATTENDEES: Crissy Bowers, Shane Boyle, Darin Burrell, Brandi Daw, Chris Freeburne, Janet Goodliffe, Crista Henderson, Pat Martelle, Liz McDowell, Amy Minzghor, Dave Peters, Teriann Ness-Parker, Cheryl O'Connell, Dustin Park, Tina Ricks, DaNae Schoenborn, Mimi Taylor, Brenda Valle, Laura Wallis, Martha Webber, and Holly Whitworth,

1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order and introductions were made.

ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker No additional items.

APPROVAL of February 19, 2021 MEETING MINUTES | Teriann Ness-Parker

The minutes will be approved at the next meeting to allow everyone a chance to review them.

2. PARTNERSHIP FOR SUCCESS (PFS) GRANT | DaNae Schoenborn

DaNae provided an update on the PFS grant. The grant is through the Office of Drug Policy and focusing on reducing underage drinking and drug use. They are in year 4 of the 5-year grant.

- They have offered scholarships for the Idaho Prevention and Support Conference in April and scholarships for ICADD (Idaho Conference on Alcohol and Drug Dependency) in May.
- They are currently offer the Deterra Drug Activation Pouches. The pouches are free to the community and will also be provided at the Drug Take Back events in Bonneville and Fremont Counties on April 24.
- She is working with Mallory Johnson, Drug Overdose Prevention Specialist, to provide naloxone training and Deterra Bags within our district.
- DaNae provided information on the Idaho Health and Youth Survey, through the Office of Drug Policy. The survey will be done at the beginning of the upcoming school year. The survey will help determine issues in our area. DaNae will be providing information to the schools once she receives it.

DaNae can be reached at dschoenborn@eiph.idaho.gov or at 208-533-3158.

3. IDAHO FEDERATION OF FAMILIES (www.idahofederation.org) | Pat Martelle

- Pat provided information on the Children's Mental Health Awareness month in May. The State theme is "All Together Now" and the National Federation theme is "Flip the Script on Mental Health". In April, the Federation will launch their annual art exhibition. The art work will be used to promote and advertise Children's Mental Health Awareness week.
- This week, in partnership with the Department of Health & Welfare and the Division of Behavioral Health, focus groups were held with 15 parents under the framework provided by Dr. Nate Israel, Dr. Israel, CANS expert, will compile a report. The topics discussed included, access, engagement, and service appropriateness. The report will be published on the Health & Welfare website before the first week of May. The focus group participants identified gaps in the system that result from existing policies and protocols not being followed. This is creating trauma and children having to leave their home to get services. Policies and processes that are already there need to be communicated and followed. The group discussed this gap and provided input on possible solutions and resources.



4. IDAHO PARENT NETWORK (<u>www.idahoparentnetwork.org</u>) | Laura Wallis/Amy Minzghor

- In January, the You are Not Alone video was posted on their website and since that time, it has been viewed by hundreds of families.
- The next Parent Network Workshop will be held in October (possibly Oct 11-15). If you have ideas for topics, contact Laura or Amy. The conference will be held virtually again this year.
- Laura provided information on House Bill 233, which is similar to Arizona's Jacob's Law. Representative Marco Erickson is the sponsor of this bill.

5. COMMUNITY YOUTH IN ACTION (CYA) | Amy Minzghor

- The Center will be closed during Spring Break March 22-26...
- The next TRAPPED (Teens Rising Above Peer Pressure Every Day) Training will be held on April 21-24. They are reaching out to the public for sponsors and chaperones. During the spring break closure, the youth leadership team will receive their training. DaNae reports that they are in the process of getting funding to sponsor 14 youth for the training.
- CYA started the Strengthening Families 14-week program with 10 families are participating. They are using a new curriculum that includes the younger children in the families.
- The youth at the Center are working towards a service trip this summer. They travel and provide services along the way.

6. BONNEVILLE YOUTH DEVELOPMENT COALITION | Abigail Hatefi No report.

7. YOUTH TO ADULT WORKGROUP REPORT | Laura Wallis | Martha Webber

- Laura shared the Google spreadsheet of resources for those transitioning from children to adult services. They are still working to gather needed information by March 26th. Once this information is complete, a formal manual will be compiled.
- With House Bill 336, the resource guide may need to be updated.

8. YOUTH GAPS AND NEEDS | Teriann Ness-Parker

Discussion on gaps and needs included:

- Idaho Lives Project identifying the case manager for Region 7.
- Children's Mental Health mobile crisis unit.
- Gate keeper campaign to educate all staff at schools of resources available and response to students with regards to suicide.

Chris Freeburne suggested a printable resource card for law enforcement officers. He shared a copy of one from another district with Teriann. Darin Burrell shared a printable, Turning 18 Guide.

9. COMMUNITY ANNOUNCEMENTS | Teriann Ness-Parker

- Brenda Valle reports that information on this year's Optum Conference is posted on their website.
 The conference will be held on April 12,13, & 14. https://www.optumidaho.com/
- Holly Whitworth, EIPH Parents as Teachers (PAT) Program Manager,
 hwhitworth@eiph.idaho.gov or 208-533-3194, provided information on the April Child Abuse Prevention Month activities and provided an overview of the PAT Program.
 - Ribbons of Hope Project
 - Pinwheels for Prevention
 - 4/9 Wear blue for awareness
- Darin Burrell provided information on the upcoming ICADD virtual conference. The conference will be held May 24-25. Additional information can be found at https://www.attendicadd.com//



• Shayne Boyle announced that the Spanish version of the IDJC (Idaho Department of Juvenile Corrections) Parent Handbook is now available.

10. PUBLIC COMMENT

No public comment

11. ADJOURNMENT

The meeting was adjourned at 11:00 a.m.

The next Children's Mental Health Committee meeting is scheduled for April 16, 2021 at 9:30 a.m. via Zoom.