

## MEETING MINUTES

Children's Mental Health (CMH) Committee  
Friday, July 19, 2019  
10:00 a.m. - 11:15 a.m.  
Eastern Idaho Public Health Conference Room



**ATTENDEES:** Marco Erickson, Crista Henderson, Janet Goodliffe, Eric Hill, Mallory Johnson, Teriann Ness-Parker, Dave Peters, Megan Slusher, Mimi Taylor, Shawna Tobin, and Laura Wallis

### 1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order and introductions were made.

### ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker

No additional agenda items.

### APPROVAL OF JUNE 21, 2019 MEETING MINUTES | Teriann Ness-Parker

**Motion:** Crista Henderson made a motion to approve the June 21, 2019 CMH Committee meeting minutes. **Seconded** by Megan Slusher. **Motion passed.**

### 2. IDAHO FEDERATION OF FAMILIES | Ruth York

No report.

### 3. YES (Youth Empowerment Services) SYSTEM OF CARE | Dave Peters

Dave distributed and discussed three handouts. (1. Optum Network Providers with Targeted Care Coordination, 2. Wraparound for Providers, and 3. Getting Started with YES). These handouts can be found in the 7/19/2019 CMH Committee meeting materials section on Eastern Idaho Public Health's (EIPH) website: <https://eiph.idaho.gov/RBHB/bhbmeetings.html>.

### 4. PARENT NETWORK | Laura Wallis

- Laura reported that a Parent Network training would be held in Boise on October 17-19, 2019. The focus of the training is to help families learn how to create a strong network around them so they have the support they need in dealing with the many issues they face on a daily basis. They are looking to recruit families to attend the training that live in Regions 1, 2, 5, and 6. They feel Region 7 is adequately represented. If you know of any families in these regions that would benefit from this training, please refer them to Laura Wallis. Laura can be reached via email at [lauraunscripted@gmail.com](mailto:lauraunscripted@gmail.com).
- Laura discussed the need for the CMH Subcommittee to engage the rural communities in the work they do. Rural communities suffer from lack of access to care for behavioral health services and crisis care services. The Subcommittee discussed various options to improve engagement in rural areas of the region.

### 5. PARTNERSHIP FOR SUCCESS (PFS) GRANT DISCUSSION | Marco Erickson

- Marco reported on the PFS data from the BeTheParents media campaign. Eastern Idaho's campaign was a huge success.
- Marco reported on a need to collect local data on underage drinking and substance use and emphasized that it would be helpful to have as many schools participate in the Idaho Health Youth Survey in October 2019. He reported that Fremont County did not participate in the 2017 survey but the rest of the Region 7 areas did. The Board decided to write a letter supporting the survey to give to schools when Marco visits with District Superintendents in August-September 2019.
- A group of teens and two adults from Community Youth in Action (CYA) were selected to present at the National Center for School Mental Health Conference in Austin, Texas on November 7-9, 2019. Cost for the team to attend, with all expenses paid, is approximately \$8,000.00.



- Marco reported on the Idaho Falls Chukars Sticker Shock campaign. There will be an alcohol-free night at the field on August 27 and will involve a youth presentation. EIPH/PFS grant is sponsoring a Chukars game on September 4 to promote the prevention of underage drinking. The game starts at 7:15 p.m. at Melaleuca Field in Idaho Falls.
- Marco reported that there were some PFS grant rule changes set by the Office of Drug Policy (ODP) that limits the grant from paying for Strengthening Families classes for agencies that also receive Block Grant funds. Marco reported that there were 17 individuals trained for Strengthening Families in Challis, Idaho Falls and others serving Ashton, St Anthony, and Rexburg. Marco also reported that ODP will take over the radio and television portions of the BeTheParents campaign and our region will cover social media promotion. These changes have affected the budget but should be resolved within the next month.
- There will be no Prevention Subcommittee meeting in August. If you have any questions about the Subcommittee, contact Ashley Billman ([billmanadventures@gmail.com](mailto:billmanadventures@gmail.com)) or Marco Erickson ([merickson@eiph.idaho.gov](mailto:merickson@eiph.idaho.gov)).

## 6. ANNOUNCEMENTS

- On Saturday, July 27, 2019, Community Suicide Prevention (CSP) will be holding Strides for Suicide (run/walk) at Freeman Park starting at 9:00 a.m.
- On Thursday, September 12, 2019, CSP is holding a Suicide Survivor Memorial event at the Aspen Grove in Community Park starting at 6:30 p.m. More information to follow.
- With National Recovery Month approaching in September, the Idaho Department of Health and Welfare, Division of Behavioral Health is seeking nominations for Regional Empowerment Awards. This year, the focus of the awards are for people actively involved in the fight against opioids. They only want one submission per region. The name needs to be submitted to the State by August 15, 2019. The nomination form can be found in the 7/19/2019 R7BHB meeting materials section on EIPH's website: <https://eiph.idaho.gov/RBHB/bhbmeetings.html>. After the form has been filled out, please email it to Mimi Taylor at [mimi\\_taylor@eiph.idaho.gov](mailto:mimi_taylor@eiph.idaho.gov) by August 14, 2019.

## 7. PUBLIC COMMENT

Shauna Tobin reported that her daughter won the CMH's poster contest for all 6-8<sup>th</sup> grade applicants in the state.

## 8. ADJOURN

The meeting was adjourned at 11:15 a.m.

**Next Meeting: Friday, August 16, 2019 at 10:00 a.m. at Eastern Idaho Public Health**

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.