

MEETING MINUTES

Children's Mental Health (CMH) Committee
Friday, August 16, 2019
10:00 a.m. - 11:15 a.m.
Eastern Idaho Public Health Conference Room



ATTENDEES: Brandi Daw, Marco Erickson, Chris Freeburne, Janet Goodliffe, Crista Henderson, Eric Hill, Laura Linsenmann, Amy Minzghor, Teriann Ness-Parker, Cheryl O'Connell, Steve Orme, Dave Peters, Josie Russell-Adkins, Mimi Taylor, Spencer Webb, and Ruth York (phone).

1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order and introductions were made.

ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker

No additional agenda items.

APPROVAL OF JULY 19, 2019 MEETING MINUTES | Teriann Ness-Parker

Motion: Dave Peters made a motion to approve the July 19, 2019 CMH Committee meeting minutes. **Seconded by Crista Henderson. Motion passed.**

2. IDAHO FEDERATION OF FAMILIES | Ruth York

- Ruth provided updates on activities at Idaho Federation of Families (IFF). If you have any questions for Ruth, contact her at ryork@idahofederation.org.
- IFF and Optum provided Youth Peer Support Training in Idaho Falls on July 29-30, 2019. Nineteen participants, ages 20 to 60, were trained. Training was focused on mental health.
- There is funding for Strengthening Families through Southwest District Health.
- The Graham Slam golf tournament will be held on September 8-9, 2019. Funds raised will help improve children's mental health and wellness across the State.
- Ruth provided information on a pilot after school program in the Boise area.

3. YES (Youth Empowerment Services) SYSTEM OF CARE | Josie Russell-Adkins/Dave Peters

- Josie reported on building Wraparound internally and within the community and shared flyers about the program. Idaho Wraparound has a new logo that will be used to standardize all publications.
- Josie provided information on the YES Newsletter. To receive the newsletter, go to their website at www.yes.idaho.gov and sign up.
- Dave Peters reported on the current Children's Mental Health caseloads. As of August 15, 2019, Person Centered Services Plans (PCSP) are now being done by community providers. This will allow Children's Mental Health to provide more Wraparound in the region. Dave requested input from providers regarding the PCSP with the Targeted Care Coordinators. This was followed by discussion on the process of CANS (Child and Adolescents Needs & Strengths), PCSP, and Targeted Care.

4. PARENT NETWORK | Amy Minzghor

- The Parent Network is still looking for parent representation from regions 1, 2, 5, and 6.
- The 3rd Annual Parent Network Workshop will be held October 17-19, 2019 in Boise.
- The Parent Network continues to add new resources for parents to their website at www.idahoparentnetwork.org.
- Laura Wallis and Amy did an interview with Optum this week on the YES System of Care and interactions, as a parent, with the system. The video will be used for Optum providers and employees.



5. PARTNERSHIP FOR SUCCESS (PFS) GRANT DISCUSSION | Marco Erickson

- Marco provided an update on Strengthening Families training. Seventeen individuals were trained in our area. Community Youth in Action are putting together the first Strengthening Families class on September 11, 2019. The training is a 14-week course. Five trainers will be at the training.
- Prevention Technology Transfer Center will provide training on prevention services specifically focusing on the topic of sustainability. The training will be on September 9, 2019 in the EIPH Conference Room. There is no cost to attend.
- Marco still has conversation cards available. They are a great tool to start conversations with children and families on the topic of underage drinking.
- Marco reported on the Idaho Falls Chukars Sticker Shock campaign. There will be an alcohol-free night at the field on August 27, 2019 and will involve a youth presentation. The EIPH/PFS grant is sponsoring a Chukars game on September 4, 2019 to promote the prevention of underage drinking. The game starts at 7:15 p.m. at Melaleuca Field in Idaho Falls.
- The Office of Drug Policy featured work of the EIPH/PFS grant in their August 2019 newsletter.

If you have any questions about the PFS grant, contact Grant Coordinator, Marco Erickson, at merickson@eiph.idaho.gov.

6. ANNOUNCEMENTS

- On Thursday, September 12, 2019 at 6:30 p.m. at Community Park in Idaho Falls, Community Suicide Prevention (CSP) is holding a Suicide Survivor Memorial event. This event is free and open to the public.
- Eric Hill announced that Tueller Counseling would be offering a Parenting 101 class on September 19, 2019 at 7:00 p.m. for 6-8 weeks. Cost is \$45.00. For additional information, contact Eric at erich@tuellercounseling.org.
- Laura Linsenmann, from Tueller Counseling, announced they are now offering Respite care in their Rexburg office. For additional information, contact the office at 208-656-4017.
- Megan Slusher, from Pearl Health, announced that on the first Tuesday of each month, they offer free training on various behavioral health topics. Please contact Megan with any questions at mbell@pearlhealth.org.
- Steve Orme announced that the Intensive Outpatient Program (IOP) is offered at both Pearl Health and the Behavioral Health Center (BHC). He also provided Optum updates and training opportunities for providers. For more information, contact Steve at steven.orme@optum.com.
- Brandi Daw announced that BHC is still under construction. They have finalized their adolescent residential Teton Peaks unit. It is a 12-bed, all-girl residential unit. Construction continues with plans to add 9 more adult acute beds and 8 more adolescent acute beds with an anticipated completion date of October or November 2019.
- Chris Freeburne provided an update on Idaho Medicaid Expansion's website at www.medicaidexpansion.idaho.gov. New information is being added as it becomes available.
- Janet Goodliffe provided SAMHSA (Substance Abuse and Mental Health Services Administration) updates as well as information on programs currently offered in schools in the region.
- Amy Minzghor announced that the Citizen Review Panel (CRP) is looking for three new members. The CRP reviews open CPS (Child Protective Services) cases that have been open for 120 days. Cases are reviewed by the panel members on their own time and then meet the 2nd Thursday of each month from 12:00 p.m. - 4:00 p.m. Geri Rackow, EIPH Director, oversees the panel. If you



know of anyone who might be interested in participating on the panel, contact Geri at 208-533-3163 or e-mail her at grackow@eiph.idaho.gov.

- Amy Minzghor provided information on the Suicide Prevention Conference being held September 13, 2019 in Idaho Falls. The conference is open to the public. For more information, please contact Amy at amyminzghor@gmail.com.
- Dave Peters announced Children's Mental Health is collaborating with the Liv Teen Center starting August 19 to provide mentoring on mental health issues to a group of teens. Dave also provided information on the Celebrate Youth event that was held in Rexburg. They provided YES flyers and swag at the event. There were approximately 15,000 people in attendance.

7. PUBLIC COMMENT

No public comment

8. ADJOURN

The meeting was adjourned at 11:10 a.m.

Next Meeting: Friday, September 20, 2019 at 10:00 a.m. at Eastern Idaho Public Health

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