MEETING MINUTES

Children's Mental Health (CMH) Committee Friday, August 21, 2020 10:00 a.m. - 11:00 a.m. Zoom Meeting



Children's Mental Health Committee of Region 7 Behavioral Health Board

ATTENDEES: Chrissy Bowers, Shane Boyle, Brandi Daw, Marco Erickson, Chris Freeburne, Janet Goodliffe, Karen Kopf, Liz McDowell, Amy Mingzhor, Teriann Ness-Parker, Kyle Pfannenstiel, Dave Peters, Megan Slusher, Mimi Taylor, Shawna TenEyck, and Laura Wallis

1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order and introductions were made.

ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker No additional items.

APPROVAL of July 17, 2020 MEETING MINUTES | Teriann Ness-Parker

This item will be on next month's agenda as the minutes were not posted on the website for review.

- 2. IDAHO FEDERATION OF FAMILIES (IFF) (https://idahofederation.org/) | Pat Martell Pat provided information and updates happening at IFF.
 - Support group for parents focusing on return to school and advocating for home needs. The first meeting will be on August 31.
 - Working with BYDC (Bonneville Youth Development Council) on drug prevention activities.
 - Developing virtual recreational rooms with different chat rooms for kids to interact, i.e. movies and games.

3. IDAHO PARENT NETWORK (www.idahoparentnetwork.org) | Laura Wallis | Amy Minzghor

- The Parent Network is preparing for their October Workshop and no date has been set yet.
 The workshop will be held virtually and will be recorded. Sessions will include resources for
 families regarding Child Protection Services, Idaho Department of Juvenile Corrections,
 restraints, and exclusions.
- The Idaho Department of Juvenile Corrections (IDJC) Handbook for Families has been printed
 and is now being distributed. The brochure can be viewed and printed on the IDJC website.
 http://www.idjc.idaho.gov/wp-content/uploads/2020/07/IDJC-Handbook-for-Families.pdf
- Interagency Governance Team Family Engagement sent out a survey to parents who have been involved with YES System of Care. If you know someone who should have received the survey but didn't, have them reach out to Laura or Amy so their feedback can be included. Laura's email is lauraunscripted@gmail.com and Amy's is amyminzghor@gmail.com.

4. COMMUNITY YOUTH IN ACTION (CYA) | Marco Erickson

Marco provided update on the activities at CYA:

- The Senior Center is still closed. They will be utilizing the old Boy Scouts of America building on 4th Street in Idaho Falls. They are busy remodeling and moving in and they hope to be open in the next few weeks.
- There will be an Open House for the public on Saturday, September 5 from 12 p.m.- 5 p.m.
- They now have five full-time staff: Becky Leatham-Executive Director; Marco Erickson-Program Director; Katie Barnes-Activities Coordinator; Laura Murdock-Program Coordinator; and David Moran-Volunteer Coordinator.
- TRAPPED (Teen Rising Above Peer Pressure Everyday) Training will be held October 7-10.
 Registration has begun.



 Marco will be meeting with the Office of Drug Policy, Dave Jeppesen (IDHW), and the State Liquor Division. If there is anything you would like Marco to address with them, let him know. Marco is seeking a spot on the Idaho Legislative Health and Welfare Committee.

5. BONNEVILLE YOUTH DEVELOPMENT COALITION (BYDC) | Mallory Johnson No report.

6. ANNOUNCEMENTS

- Laura Wallis reports the Parent Network is always developing new materials for public consumption and looking for providers to help review information. Let Laura know if you are aware of someone who would be interested in doing this.
- Brandi Daw provided information on Eastern Idaho Regional Medical Center's Direct
 Admission process for any licensed mental health professional or medical provider to contact
 the Behavioral Health Center (BHC) team directly. If accepted by the MD to admit to BHC,
 they will hold a bed for them pending a negative COVID rapid test. This process will eliminate
 an individual and family from having to wait in the Emergency Department to receive a
 Behavioral Health Assessment. Contact Brandi for additional information. Her email address is
 Brandi.Daw@HCAhealthcare.com.
- Chris Freeburne (IDHW) reported there are now 84,000 participants (15,000 in Region 7) enrolled on Medicaid.
- Megan Slusher (Pearl Health Center) reports they have hired a new adult, adolescent, child psychiatrist, Dean Shandy. Dr. Sanchez is currently focusing on TeleHealth services, and many providers are letting go of Targeted Care Coordination and referring their clients to Pearl Health Center.
- Amy Minzghor reported on Community Suicide Prevention (CSP) activities:
 - Memorial Walk September 10 at 6:30 p.m. at Community Park in Idaho Falls (25th Street & Holmes).
 - Suicide Prevention Virtual Conference September 18 from 8:30 a.m. to 5:00 p.m. with Dr. Thomas Joiner, leading expert on suicide, along with other speakers. CEUs will be available.
 - Monthly CSP community meetings via Zoom are held the 1st Thursdays of each month at 12:00 p.m.
 - Suicide Prevention Support Group are held the 1st Thursdays of each month at 7:00 p.m. The meetings are not being held at the I.F. Public Library anymore. CSP will let people know where it will be held in September and forward.

8. PUBLIC COMMENT

No public comment.

9. ADJOURN

The meeting was adjourned at 11:16 a.m.

The next Children's Mental Health Committee meeting is scheduled for September 18, 2020 from 9:30 am (one time change from the normal time of 10:00 am) to 11:15 am via Zoom.