

R7BHB Children's Mental Health Subcommittee

November 17, 2017

10:00 a.m. – 11:15 a.m.

Eastern Idaho Public Health
1250 Hollipark Drive, Idaho Falls, ID

Attendees: Ashley Billman, Robert DeHart, Chris Freeburne, Janet Goodliffe, Amber Gray, Amy Minzghor, Cheryl O'Connell, Chairman Teriann Parker, Randy Rodriguez, Josie Russell-Adkins, Megan Slusher, Mimi Taylor, Laura Wallis, and Andrew Wallis

Via Phone: Spencer Webb

Minutes

Agenda item: Welcome & Roll Call **Presenter:** Teriann Parker

Attendees were asked to introduce themselves and describe their role for the agencies they represent.

Agenda item: Additional Agenda Items **Presenter:** Teriann Parker

None

Agenda item: Approval of 10/20/2017 meeting minutes **Presenter:** Teriann Parker

Teriann Parker asked for any changes to the October 20, 2017 meeting minutes. No changes were proposed.

MOTION: Cheryl O'Connell made a motion to approve the October 20, 2017 CMH Committee meeting minutes. Motion seconded by Robert DeHart. Passed with unanimous approval.

Agenda item: Children's Mental Health (CMH) Awareness Week 2018 **Presenter:** Teriann Parker

Teriann Parker has not heard back from Pat Martelle regarding CMH Awareness Week 2018. The Committee wants to take YES (Youth Empowerment Services) to the communities the Committee visited during the roadshows in 2016, as a follow up on the Blue Cross of Idaho Foundation grant.

The Committee will work with the Idaho Federation of Families on the poster contest and the Point in Time ethics training.

Janet Goodliffe inquired if there was grant funding available again. No one was aware if there was or not.

Laura Wallis said that the state already has numerous trainings on YES scheduled. If the committee is going to ask Pat Martell to do this, it may be best to have her do a training that is already developed. There is a YES foundational training and a training on Person Centered Planning that should be ready by spring. Some of the trainings are available on video. Teriann Parker would also like to present the training to the schools in the community.

Randy Rodriguez reports that the Suicide Prevention Action Network (SPAN) is making suicide training available to teachers, parents, and students. Mental Health First Aid is offered in Madison County a couple of times each year through a grant. Spencer Webb is not aware if anyone else is providing Mental Health First Aid in the region.

Janet Goodliffe feels like the Committee needs to find out what programs are being used in each community/school. Teriann Parker reports that the school district in Shelley and District 93 in Bonneville County use Sources of Strength. Each school district is doing something to promote Children's Mental Health.

Agenda item: Youth Empowerment Services (YES) **Presenter:** Josie Russell-Adkins

Josie Russell-Adkins reports that YES has completed the CANS (Child and Adolescents Needs and Strengths) pilot program for the regional Program Specialists. They ran CANS through their software to determine how it would work for clinicians. They are moving towards Person Centered Planning and the internal Wraparound Training will occur at the end of January. They will pilot that program in the spring of 2018. A Person Centered Plan utilizes the CANS assessment, along with input from the child and family members. Mental health, along with other factors such as medical needs and education are integrated into the plan. Once the Person Centered Plan is complete, they will work with Optum to make sure the service needs can be met. A family can have a Person Centered Plan without having the Wraparound.

Randy Rodriguez reports that the Independent Assessor contract has been awarded to Liberty Healthcare. They will be providing the CANS 50 assessment and a diagnostic assessment to determine if the child is eligible for additional services. Clients and families can be self-referred into the system.

Agenda item: YES/Parent Network **Presenter:** Laura Wallis

Laura Wallis reports the Parent Network is working with the state to make sure the parent perspective is being reflected in the trainings across the state. Parents want to work with and trust providers. They want to make sure they are using parent friendly language in the materials they are developing and using. They want terms used that bring togetherness, not division.

New services will go live on January 1, 2018 and will include Respite and the CANS and independent assessment.

Agenda item: Idaho Federation of Families **Presenter:** Steve Graci

No Report

Agenda item: Announcements and Public Comment **Presenter:** Teriann Parker

- Teriann Parker announced that Mimi Taylor sent flowers to Rebecca Perrenoud's funeral and if anyone would like to donate, they should contact her at mimi_taylor@eiph.idaho.gov. The R7BHB approved donations, in Rebecca's name, to The Center for HOPE, The Behavioral Health Crisis Center of East Idaho, and the Suicide Prevention Action Network (SPAN). Rebecca was passionate about these organizations and they provide services that further the mission of the R7BHB. Mimi Taylor talked with Rebecca's daughter and she was very grateful that the Board was honoring her mother. Teriann Parker, Center for HOPE, Interim Director, will be using the Center for HOPE's donation to start some sort of on-going memorial for Rebecca.
- Mimi Taylor reminded everyone about SPAN information available for your agencies. The information is appropriate for all ages.
- Josie Russell-Adkins had YES brochures available.
- Ashley Billman announced that Logan Zuck would be talking at the TED Talks in Rexburg in January.
- Mimi Taylor encouraged everyone to forward information about events and announcements to her and she will pass them along.
- Laura Wallis talked about the need for crisis services and available beds for patients with Medicaid. Randy Rodriguez said that Teton Peaks is not accredited for Medicaid but the Behavioral Health Center at EIRMC is. Dr. Sanchez, from Pearl Health, will be at the next meeting and is working with Randy Rodriguez and Dave Peters on developing crisis services. Laura Wallis encourages parents to be included in the planning and decision making process. Megan Slusher, from Pearl Health, stated if anyone wants to have input on the development of crisis services, to contact her at mbell@pearlhealth.org.
- Randy Rodriguez reminded everyone to review the Division of Behavioral Health (DBH) talking points. These monthly talking points are available on Eastern Idaho Public Health's (EIPH) website in the R7BHB monthly meeting materials section. He also encouraged people to put the SPAN crisis numbers in your phone and give the numbers to friends and family. He also wanted to thank the DBH staff, including Josie Russell-Adkins, Dave Peters, Mike Guymon, and all the others who are working tirelessly to implement throughout the region all of the YES changes that are occurring.
- Chris Freeburne announced that Region 5 has a need for a parent voice on their CMH sub-committee.

The meeting was adjourned at 11:10 a.m.

Next Meeting: December 15, 2017 at 10:00 a.m. in the Conference Room at Eastern Idaho Public Health (1250 Hollipark Drive, Idaho Falls, ID).