

# R7BHB Children's Mental Health Subcommittee

February 17, 2017

10:00 a.m. - 11:15 a.m.

Eastern Idaho Public Health  
1250 Hollipark Drive - Idaho Falls, ID

**Attendees:** Teriann Parker, Chair    Ashley Billman    Joan Radford    Laura Wallis  
Mimi Taylor    Dave Peters    Cheryl O'Connell    Shawna Tobin  
Crista Henderson    Susan Robertson    Randy Rodriguez    Megan Slusher  
Greg Loveland    Matthew Bishop    Steve Orme    Zak Warren  
Kimberly Hokanson    Melanie Fowers    Karen Tornkvist    Collin Newman  
Rachel Kelley    Randy Parker    Rebecca Perrenoud  
Via Phone: Angela Lindig    Steve Graci    Tina Erickson

## Minutes

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**Agenda item:** Welcome & Roll Call    **Presenter:** Teriann Parker

Attendees were asked to introduce themselves and the agency they represent.

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**Agenda item:** Additional Agenda Items    **Presenter:** Teriann Parker

None

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**Agenda item:** Approval of 1/20/2017 meeting minutes.    **Presenter:** Teriann Parker

Teriann asked for any changes to the January 20, 2017 meeting minutes. No changes were proposed.

**MOTION:**    **Crista Henderson made a motion to approve the January 20, 2017 CMH meeting minutes. Motion seconded by Dave Peters. Passed with unanimous approval.**

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**Agenda item:** Children's Mental Health Awareness Week – May 1 to 7    **Presenter:** Teriann Parker

Teriann asked for ideas regarding Children's Mental Health Awareness Week at the last meeting and has compiled a list of suggested activities. Meeting participants were asked to vote on the topics they were interested in implementing. The top picks were partner with juvenile probation officers to provide children's mental health information to families, collaborate with juvenile corrections to show Paper Tigers or Resilience to offenders and their families, provide Jeff D information throughout the region, and ethics.

The Federation of Families poster contest was discussed. Steve Graci provided details about the poster contest. Teriann provided information regarding our past participation with the poster contest.

Children's Mental Health Awareness Week is May 1 – May 7. The Idaho Federation of Families is collecting information about various children's mental health activities happening throughout the state. Their plan is to communicate information about these activities through a press release and their website. If anyone has information about an activity, please provide it to Steve at [sgraci@idahofederation.org](mailto:sgraci@idahofederation.org). Children's Mental Health Awareness Week activities can take place anytime during the month not just during the designated week. Information about YES and the showing of Resilience will be part of Children's Mental Health Awareness Week.

The theme for the week will be "Keep the Ball Rolling." The Federation of Families is going to circulate an actual ball around the state and photographs will be taken of the ball in different places and during activities. Steve wants to start the ball in Region 7. Teriann will make arrangements with Rachael Kelley to pick up the ball when she is in Boise.

The group decided to participate in the poster contest this year. Rachel Kelley volunteered to head up the poster contest.

Steve Orme (Optum) announced they are having their first showing of Resilience in May. They are still looking for a venue so the date and time have not been announced yet. They are also planning to have a showing in Region 6 & 7. They are looking at Fort Hall as a potential location. Teriann asked about a showing in the more rural areas of the region. Optum currently only has one copy and wants to show it in areas where it can reach the most people. They will try to show it in other areas later in the year. The showing will be open to everyone and will be shown after 5:00 p.m.

Teriann asked for input from the group on how to go forward. We could collaborate with Optum during the May showings of Resilience. Laura Wallis said she would like to see showings throughout the year instead of just one big event. Teriann announced that we would have further discussion on this topic at the next meeting but that a decision needs to be made soon as May is quickly approaching.

Steve Graci provided information about the Mental Health First Aid Program.

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**Agenda item:** YES/Jeff D. Settlement Funds **Presenter:** Laura Wallis

Laura Wallis reported on the Communications Workgroup. They are actively working on compiling information for different audiences to help explain Jeff D. They are gathering questions that need to be answered. If you know of any questions, please send them to Laura at [lauraunscripted@gmail.com](mailto:lauraunscripted@gmail.com).

Laura recommends we start gathering a list of children's mental health resources that are current, active, and helpful. Law enforcement provides very little information to families. It would be helpful to have a flyer provided to families from law enforcement with a list of available mental health resources in the area.

The Parent Network has officially changed its name from YES Parent Network to Parent Network so that the current network of parents can operate and gather information without having to go through the state approval process for everything. They will still work closely with the state and Pat Martell is their contact.

Let Laura know if you have any questions about Jeff D and she will help get appropriate answers. If you have ideas or avenues for her to reach out to other parents, please let her know.

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**Agenda item:** Respite Flyers **Presenter:** Teriann Parker

Group respite is provided in our region by three agencies. There is respite money available to individuals with or without insurance or Medicaid. The funding is provided through the Idaho Federation of Families. The group talked about making some changes to the current flyer prior to having them printed. If you would like to see any changes to the respite flyer, send your ideas to Teriann at [teriannparker@cableone.net](mailto:teriannparker@cableone.net). She will work with Mimi Taylor on the revisions and present them at the next meeting. The R7BHB has authorized funding to print 5,000 flyers. Brandi Daw will share the information with school counselors and feels an electronic copy would be helpful.

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**Agenda item:** Paper Tigers **Presenter:** Teriann Parker

Discussed during Children's Mental Health Awareness Week discussion.

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**Agenda item:** Idaho Federation of Families **Presenter:** Steve Graci

Information shared by Steve Graci during Children's Mental Health Awareness Week discussion.

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**Agenda item:** Other Business **Presenter:** Teriann Parker

NASW (National Association of Social Workers) Training - Rachael Kelley would like to know what trainings people are interested in having brought to the area. Please give her your feedback or suggestions. Her email is [kelley.rachelm@gmail.com](mailto:kelley.rachelm@gmail.com). Training may be incorporated into Children's Mental Health Awareness Week.

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**Public Comment:**

None

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**Adjournment:**

**MOTION:** Crista Henderson made a motion to adjourn the meeting at 11:15 a.m. Motion seconded by Shawna Tobin. Passed with unanimous approval.

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**Next Meeting:** March 17, 2017 at 10:00 a.m. at Eastern Idaho Public Health. \* Please note the change in meeting time.