## R7BHB Children's Mental Health Subcommittee

August 18, 2017 10:00 a.m. – 1:00 p.m.

Eastern Idaho Public Health 1250 Hollipark Drive - Idaho Falls, ID

Attendees: Melinda Cook, Cheryl O'Connell, Steve Orme, Teriann Parker, Rebecca Perrenoud, Dave Peters, Angie

Radford, Randy Rodriquez, Josie Russell-Adkins, Megan Slusher, Mimi Taylor, Hal Tobin, Shawna

Tobin, Beverly Valez, Brenda Valle, and Laura Wallis

Via Phone: None

## **Minutes**

Agenda item: Welcome & Roll Call Presenter: Teriann Parker

Attendees were asked to introduce themselves.

Josie Adkins is the new Children's Mental Health and YES Project Program Specialist for District 7. She can be reached at 208-782-9936 or adkinsj1@dhw.idaho.gov.

Agenda item: Additional Agenda Items Presenter: Teriann Parker

None

**Agenda item:** Approval of 6/16/2017 meeting minutes **Presenter:** Teriann Parker

Teriann asked for any changes to the June 16, 2017 meeting minutes. No changes were proposed.

MOTION: Dave Peters made a motion to approve the June 16, 2017 CMH meeting minutes. Motion

seconded by Steve Orme. Passed with unanimous approval.

Agenda item: Overview of Certified Family Support Partner Program Presenter: Melinda Cook

- Melinda Cook, Certified Family Support Partner (CFSP) with the Family Resource Center, gave an overview of
  the services provided by a Certified Family Support Partner. CFSPs work as a mentor or guide, assisting the
  family and child in reaching their goals. They also collaborate with agencies that serve children and their
  families. Beverly Valez, parent, provided information on services the Family Support Partner Program has
  provided her family and child.
- Many agencies now have CFSP on staff.
- The Idaho Federation of Families provides training for this program.
- For more information about Certified Family Support Partners or how to become a CFSP, contact Stephanie
   Hoffman, PhD, CFSP at <a href="Stephanie.hoffman@dhw.idaho.gov">Stephanie.hoffman@dhw.idaho.gov</a> or visit the Department of Health and Welfare's
   website at

http://healthandwelfare.idaho.gov/Medical/MentalHealth/PeerSpecialistsFamilySupportPartners/tabid/2935/Default.aspx.

Agenda item: Review Strategic Plan & Gaps and Needs Presenter: Teriann Parker

The committee members reviewed the Region 7 Behavioral Health Board's Strategic Plan to identify Gaps and Needs that could be addressed by the CMH Committee. The following topics were agreed upon and can be tied directly to specific objectives in the Strategic Plan.

- Crisis including housing, education for schools, and education for families. (2.4 & 2.5)
- Involve the juvenile prosecutors and public defenders in the process; provide them information/education and address their questions. (1.3.1)
- IEPs (Individual Education Plans) for children in education. (2.5)
- Get YES into every county. (2.5.2)

Agenda item: Children's Mental Health Awareness Week 2018 Presenter: Teriann Parker

Teriann reviewed the CMH Mission. She asked for recommendation on what the committee wanted to do for the 2017-2018 year to promote Children's Mental Health. In the past, the sub-committee has participated during the Children's Mental Health Awareness Month/Week in May. The group had several ideas that will be topics for discussion at future meetings. The committee agreed that whatever is done should be based on actual data not just one or two people voicing what needs to be done. Data could be collected from sources already collecting data, such as Optum or through community surveys conducted by the committee. Ideas:

- Museum Exhibit on mental health
- Collaborating with Compass Academy
- Road Shows
- Promote mental health awareness and resources around the holidays
- Public education about the CMH Committee attend community functions throughout the year and provide information about the committee and resources available.

Agenda item: YES/Jeff D. Settlement Funds Presenter: Laura Wallis

Beginning next month, we will have two agenda items for YES. Laura Wallis will report on the Parent Voice and Josie Russell-Adkins will report on YES.

Laura Wallis provided an update on the Parent Voice. Medicaid is continuing to work on the administration of the services identified in the settlement agreement. Lacking at the state level is an understanding of what is happening regionally. They want to identify local needs. Communication to YES is helpful to help them identify the needs.

Josie Adkins, Program Specialist, provided information on the Child and Adolescent Needs and Strengths (CANS) Pilot that all seven regional Program Specialists will begin in September. In October, they will all be trained in Wrap-Around Families using the Portland State University (PSU) model with actual families.

Megan Slusher requested information on credentialing for the programs that are changing. Laura said there is information on the YES website regarding updates and progress. Dave Peters said that as things become solidified, he and Josie would bring information to the CMH Committee meetings. Laura offered to take specific questions or requests for information to the Communications Committee.

Agenda item: Announcements/Other Business Presenter: Steve Graci

Teriann asked the committees input on having a co-chair for this committee. Members of the committee were not sure of the actual process or expectations of the R7BHB. Mimi will address this topic with Sam Hulse and Geri Rackow and report next month.

Mimi reminded members that if you wanted something sent out on the email distribution list to get it to her and if you receive information from her, please share as appropriate.

Due to the SPAN Symposium, the next CMH Committee meeting has been moved up to September 8, 2017. The conference room at Eastern Idaho Public Health (EIPH) is not available. Mimi will send out an announcement when the location has been finalized.

Agenda item: Public Comment Presenter: Teriann Parker

None

The meeting was adjourned at 1:00 p.m.

Next Meeting: September 8, 2017 at 10:00 a.m. Location will be announced as soon as it has been finalized.