

# Children's Mental Health Subcommittee

November 18, 2016

10:30am-11:30am

Eastern Idaho Public Health  
1250 Hollipark Drive - Idaho Falls, ID

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<b>Attendees:</b>	Teriann Parker, Chair	Robert DeHart	Geri Rackow
	Spencer Webb	Crista Henderson	Mimi Taylor
	Laura Wallis	Randy Parker	Cheryl O'Connell
	Janet Goodliffe	Dave Peters	
	Randy Rodriquez	Steve Graci, via phone	
	Kristi James	Shawna Tobin	
	Angie Radford	Laura Linsenmann	

## Minutes

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<b>Agenda item:</b>	Welcome & Roll Call	<b>Presenter:</b>	Teriann Parker
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Attendees were asked to introduce themselves and the agency they represent.

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<b>Agenda item:</b>	Additional Agenda Items	<b>Presenter:</b>	Teriann Parker
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None

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<b>Agenda item:</b>	Approval of 10/21/2016 meeting minutes.	<b>Presenter:</b>	Teriann Parker
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Teriann asked for any changes to the October meeting minutes. No changes were proposed.

**MOTION: Janet Goodliffe made a motion to approve the October 21, 2016 CMH meeting minutes. Motion seconded by Dave Peters. Passed with unanimous approval.**

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<b>Agenda item:</b>	Blue Cross Grant Year-end Report	<b>Presenter:</b>	Teriann Parker
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Teriann distributed a list of evaluation comments from the Children's Trauma conference. She feels like the comments are reflective of what the participants believe are gaps and needs as well as next steps to address children's mental health issues in our community and was representative of views in the region. This information could be used as we look ahead for this committee. The committee needs to be aware of what the community sees as the needs. General consensus with the evaluations is that 1) we need to work together as a community with schools, professionals, families, and the judicial system to drop our boundaries and barriers and 2) we need to know who is trauma informed and help drop stigma. Starting in January, if we are looking for something to do for next year, it might be community orientated.

We do have e-mails from the participant registrations to use for future communication and follow-up.

The final year-end report for the Blue Cross Grant is due on December 30, 2016. Mimi gave Teriann the evaluations for the road shows that need to be summarized and included in the year-end report. Teriann will schedule a time with Geri and the grant committee to finalize the report. Geri reports we are within approximately \$600 dollars of the budget.

Randy asked if the comments could be compiled in a different format and sent to people working on with YES to let them know what the community said. Laura said she would share the information with them and asked for an electronic copy to share with their closed Facebook page. Angie said she would also pass along an electronic copy.

Steve wanted to know if the committee was writing another grant for the new Blue Cross grant opportunity due at the end of this month. The Federation of Families is working with BYU-I in Rexburg. Their idea is about the community addressing children's mental health issues and one of the specific issues was opioid addiction and heroin abuse as a result of prescription drug use. Steve will, through Kathy Gneiting, make sure the CMH committee is updated and receives information.

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**Agenda item:** Paper Tigers in the Schools **Presenter:** Dave Peters

The committee discussed the availability of the film to everyone now and reassessed the need to purchase multiple copies. They felt that it may work best for the CMH committee to have a copy or two of the film that could be shared with agencies in the community. The schools are using it, but the probation office may need to have better access. The sequel will be shown in the spring.

Dave will send a letter to all the special education directors asking if they have a copy and if not would they be interested in having a copy available to them. Janet recommended the letter go to the superintendent also.

Once a need is determined, the CMH committee can ask the R7BHB for support.

Janet, Angie, Dave, and Kathy will report next month on the Paper Tigers need in our region.

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**Agenda item:** Children Aging Out of Medicaid **Presenter:** Optum

Spencer reported on the letters that are now being sent to providers and parents of children that are seventeen and a half. A letter is sent to the child on their 18<sup>th</sup> birthday. The letter includes options for continuing the utilization of mental health treatment. The letters began going out a few weeks ago and they had their first call from a family. Optum was able to connect to a couple of providers who do pro bono and sliding fee scale work. He feels this is a good start. Some children can stay on Medicaid after 18 as long as they are living in the home and finishing high school. Children with disabilities may also stay on Medicaid after they turn 18. Shawna requested a copy of the letter. Spencer will e-mail her one.

Optum now provides family support services. This is in line with peer support services which has been in Idaho for a while.

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**Agenda item:** Idaho Federation of Families **Presenter:** Steve Graci

Steve was asked to let Laura from the YES/Jeff D Settlement Fund go before him. This item was deferred due to time constraints.

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**Agenda item:** YES/Jeff D. Settlement Funds **Presenter:** Laura Wallis

Laura provided a handout and information about the Respite Care Pilot Project, which is currently in draft format. This program would combine group and individual respite together to meet needs. Parents are concerned about the ratio of staff and what they would do if their children got aggressive. They have talked about letting parents use their voucher money to subsidize agencies to give a 1:1 ratio upon the parent's request. They would like to use college students from BYU-I and ISU to help staff. It introduces a new group of students to mentally ill children and also gives the agencies a staff member that is willing and engaged to get hours towards their degree. Once these students have an opportunity to work respite and understand what it means and have gained training and experience they may want to be individual respite givers. There are two potential locations for the pilot program, Rexburg and Idaho Falls. One goal would be to give the parents a predictable schedule. Parents would be willing to travel in order to receive the respite. The pilot will start with children 12-15. The students in the program would be coming from a background where the field they are going into is mental health adjacent. The staff would receive needed training and be paid employees of the program.

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**Public Comment:** None

**Other Business:** None

**Adjournment:** Teriann adjourned the meeting at 11:35 a.m.

**Next Meeting:** December 16, 2016 at 10:30 a.m. at Eastern Idaho Public Health in the Health Education, Epidemiology, and Preparedness (HEEP) Classroom.