

# Children's Mental Health Subcommittee

January 20, 2017

10:15 a.m. - 11:15 a.m.

Eastern Idaho Public Health  
1250 Hollipark Drive - Idaho Falls, ID

**Attendees:**

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| Teriann Parker, Chair | Steve Graci via phone |
| Robert DeHart         | Janet Goodliffe       |
| Laura Wallis          | Mimi Taylor           |
| Dave Peters           | Cheryl O'Connell      |
| Shawna Tobin          | Crista Henderson      |
| Angie Radford         | Spencer Webb          |
| Megan Slusher         | Greg Loveland         |
| Matthew Bishop        | Steve Orme            |
| Shane Boyle           | Holly Whitworth       |
| Deborah Ocasio        | Ashley Billman        |
| Brenda Valle          | Kimberly Holanson     |
| Susan Robertson       |                       |

## Minutes

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**Agenda item:** Welcome & Roll Call **Presenter:** Teriann Parker

Attendees were asked to introduce themselves and the agency they represent.

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**Agenda item:** Additional Agenda Items **Presenter:** Teriann Parker

None

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**Agenda item:** Approval of 12/16/2016 meeting minutes. **Presenter:** Teriann Parker

Teriann asked for any changes to the December 16, 2016 meeting minutes. No changes were proposed.

**MOTION: Shawna Tobin made a motion to approve the December 16, 2016 CMH meeting minutes. Motion seconded by Teriann Parker. Passed with unanimous approval.**

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**Agenda item:** Children's Mental Health Awareness Week – May 7 to 13 **Presenter:** Teriann Parker

The first week of May is Children's Mental Health Awareness Week. We have participated and been part of this for the past four years. The goal is to help the community understand children's mental health issues. Teriann gave information regarding past celebrations and the Community Engagement Project/Roadshows that were held last year. Teriann asked the committee for ideas of what to do this year. Some ideas include:

- Follow up in the communities where the Roadshows were held in 2016.
- Partner with the communities where the Roadshows were held to show Paper Tigers/Resilience.
- Share the information about the Jeff D Settlement/YES with the rural areas in Region 7.
- Partner with the state to provide training for CANS (Child and Adolescent Needs and Strengths) in Region 7.

The Federation of Families will do the poster contest again this year and they are asking for ideas for this year's theme. Steve Graci reported that the Federation has not officially announced the theme for the overall event.

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**Agenda item:** YES/Jeff D. Settlement Funds **Presenter:** Laura Wallis

**Respite Funds**

The team has been working on a guiding document to provide clarification and help monitor agencies for compliance with the intent of the program. The goal is to meet with providers on a quarterly basis to talk about progress made towards goals established in the guiding document.

Group respite will be held on two Saturdays/month for four hours. Currently, they have two agencies involved and are working on a third. Respite facilities are planned in Blackfoot, Idaho Falls, and Rexburg and they are working on others. They are reaching out to kids who do not already have services. They will be serving children ages 5-17. They will also be working with ISU and BYU-I to allow students working in the field to gain experience working with children with severe emotional disturbances. Parents will have the ability to request a one-on-one within the group. A survey will be sent out to obtain information from the parents in order to plan for future needs. The agencies, on a quarterly basis, will provide the CMH committee with statistical information regarding the use of respite care. If you have any questions you would like to see included in the survey, give suggestions to Laura Wallis. Laura can be reached at [lauraunscripted@gmail.com](mailto:lauraunscripted@gmail.com).

Referrals for respite can be made through an agency or Children's Mental Health at 208-528-5700.

Teriann passed out the last of the respite dollar flyers and will request the purchase of an additional 5,000 from the R7BHB today.

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**Agenda item:** Idaho Federation of Families **Presenter:** Steve Graci

Respite care has grown since becoming available to people who are receiving Medicaid. Region 7 is the number one region for utilization of respite care through the traditional system and group respite. There is more funding available for a higher level of provider to give the care that family members need.

Children's Mental Health Awareness Week - The tentative poster contest theme is "Keep the Ball Rolling for Children's Mental Health". If the Federation does not get additional ideas or suggestions for another theme, they will go with this one. If the CMH Committee is interested in putting together another panel presentation during awareness week, that could be included in the plans. The dates for the showing of Resilience have not been selected yet. The showings will be followed by educational workshops.

There is a Family Support Partner training in Region 7 at RHS starting next Monday. Sixteen people have been accepted into the program. This is the last training the Federation will be providing. The training will be moved to the Community College system.

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**Agenda item:** Other Business **Presenter:** Teriann Parker

Dave Peters – Dave has received responses from school districts in Salmon, Fremont County, and Jefferson County on the Paper Tigers movie. They would like to receive a copy. The copies are \$75.00/school. This request for funding the purchase of the movies will be made to the R7BHB today.

Laura Wallis talked about the importance of feedback from providers and families in order to better meet the needs of families.

Steve Graci talked about the Parent Network and the importance of supporting it. Any information people can share with the community is helpful to empower parents.

Holly Whitworth presented information on AIM (Association for Infant and Early Childhood Mental Health). This group specifically targets children age 0-5. Laura indicated the 0-5 age group is included in YES and Steve said the Federation has worked with AIM in the past.

Teriann encouraged everyone to invite others to this meeting; it is open to anyone.

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**Public Comment:** None

**Adjournment:** Teriann adjourned the meeting at 11:15 a.m.

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**Next Meeting:** February 17, 2017 at 10:00 a.m. at Eastern Idaho Public Health.

**\* Please note the change in meeting time.**