

MEETING MINUTES

Children's Mental Health (CMH) Committee
Friday, October 16, 2020
9:30 a.m. - 11:00 a.m.
Zoom Meeting



ATTENDEES: Chrissy Bowers, Shane Boyle, Amy Diaz, Marco Erickson, Chris Freeburne, Crista Henderson, Mallory Johnson, Pat Martelle, Amy Mingzhor, Teriann Ness-Parker, Cheryl O'Connell, Dave Peters, Josie Russell-Adkins, Starr Shepard, Mimi Taylor, Shawna TenEyck, and Laura Wallis

1. WELCOME and INTRODUCTIONS | Teriann Ness-Parker

Teriann Ness-Parker called the meeting to order and introductions were made.

ADDITIONAL AGENDA ITEMS | Teriann Ness-Parker

No additional items.

APPROVAL of August 21, 2020 MEETING MINUTES | Teriann Ness-Parker

Motion: Chris Freeburne made a motion to approve the August 21, 2020 CMH Committee meeting minutes. **Seconded by Amy Mingzhor. Motion passed.**

2. IDAHO FEDERATION OF FAMILIES (IFF) (<https://idahofederation.org/>) | Pat Martell

Pat provided information and updates happening at IFF.

- On October 20, they will launch their Transition Support Group for people who have children in an institutional level of care or who are going in or coming out. This group will provide support, education, and information to better equip parents.
- October 21 is the start of their Coffee Chat Support for parental support.
- There will be a training offered on October 22 on the protective factors that mitigate ACES (adverse childhood experiences).

3. IDAHO PARENT NETWORK (www.idahoparentnetwork.org) | Laura Wallis | Amy Minzghor

- Amy Mingzhor and Laura Wallis are currently attending the Parent Network Workshop. Laura reported on the content of the workshop. It will be recorded and available for viewing on the website at a later date. They had participants at the workshop from several states.
- The new Parent Network survey went live this week. One hundred percent of the families reported feeling isolated and 76% feel their children with mental health conditions are getting worse.
- Laura feels that we have an opportunity to model how to come together as a community to support and network in rural communities.

4. COMMUNITY YOUTH IN ACTION (CYA) | Marco Erickson

Marco provided updates on activities and programs at CYA:

- Marco asked the group to provide information to him on services available for homeless youth with mental health issues. Marco can be reached via email at memarcoman@gmail.com.
- TRAPPED (Teen Rising Above Peer Pressure Everyday) Training was held October 7-10 and was very successful with 48 youth in attendance.
- The Liv Teen Center was closed for one week due to a potential COVID-19 exposure.
- Marco reports on the different teams within CYA; Communications, Prevention, Community Service, Activities Planning, and the Tech team.
- CYA has five full time staff and are always in need of volunteers.
- Questions about the Liv Teen Center, CYA, and their programs can be directed to Marco at the above email or Becky Leatham at cya.becky@gmail.com.



5. BONNEVILLE YOUTH DEVELOPMENT COALITION (BYDC) | Mallory Johnson

Mallory reported on activities at BYDC:

- October 24 – Donuts for Drug Take-back – This is being offered at the Center for Hope from 10:00 a.m. - 2:00 p.m. BYCD partnered with the Bonneville County Sheriff's Office, the Center for HOPE, and the Idaho Department of Corrections, and EIPH to sponsor this event.
- October 24 – Real Heroes Drive Through Trunk-or-Treat will be held from 2:00 p.m. - 4:00 p.m. at Russell Freeman Park. BYCD partnered with the Idaho Falls Police Department and the Bonneville County Sheriff's Office for this event.

6. TARGETED CARE COORDINATION

- Teriann led a discussion on Targeted Care Coordination in the region. Providers need to be in agreement and more information and help needs to be provided to families.
- This topic will be on the agenda again next month. Teriann will ask for a representative from Optum and Medicaid Central Office to attend the meeting and provide additional information.

7. YOUTH GAPS AND NEEDS

Teriann asked for input regarding gaps and needs in our community/region.

- Amy Mingzhor feels there is a gap in the availability of acute psychiatric care for younger children. Sending child out of the area or state is not helpful for families.
- Children in the foster care system, aging out of the system, and transitioning to independent living.
- Develop Resource Guide
- Rural providers not available.

8. COMMUNITY ANNOUNCEMENTS

Josie Russell-Adkins/Dave Peters

- The Division of Behavioral Health at IDHW has been developing CANS (Child and Adolescent Needs and Strengths) training for new certifications and will go live next month. For additional information on the CANS Training, please contact Josie at josie.russelladkins@dhw.idaho.gov.
- Josie also provided information on East Idaho Youth Homes. They provide youth crisis respite care in Idaho Falls.
- The Division of Behavioral Health at IDHW are now able to provide community crisis intervention services. Josie will send out a Crisis Brochure for Mimi to forward to everyone.

Chris Freeburne reports the new IDHW website will go live on Sunday, October 18. The new site is designed for those needing services. Chris reports that the foster care system has hit an all-time high in Region 7 with approximately 200 kids in the system. Some of the contributing factors include substance use, increased population, and lack of reporting due to school closures.

9. PUBLIC COMMENT

No public comment.

10. ADJOURN

The meeting was adjourned at 10:57 a.m.

The next Children's Mental Health Committee meeting is scheduled for November 19, 2020 at 9:30 a.m. via Zoom.