

Parents as Teachers

A MATERNAL, INFANT, AND EARLY CHILDHOOD HOME VISITING PROGRAM



Our program is a Blue-Ribbon affiliate of Parents as Teachers, an evidence-based early childhood home visiting model that builds strong communities, thriving families and children who are healthy, safe and ready to learn.

We match parents and caregivers with trained professionals who make regular personal home visits during a child's earliest years in life, from prenatal through kindergarten.

The best part? It's **free and voluntary**!



Our vision is all children will develop, learn and grow to realize their full potential.

Our mission is to promote optimal early development, learning and health of children by supporting and engaging their parents and caregivers.

Who Do We Serve?

Residents of Bonneville, Jefferson, Madison, Fremont, Teton, Custer, Clark and **Lemhi Counties** who are pregnant or care for children under 5 years old.



Length of Service

Families may enroll at any point, from pregnancy until the child is 5 years old. Parent éducators meet with families once or twice per month depending on the needs of the family and visits typically last 60 minutes.



Our Goals

- 1. Increase parent knowledge of early childhood development and parenting practices.
- 2. Provide early detection of developmental delays and health issues.
- 3. Prevent child abuse and neglect.
- 4. Increase children's school readiness and school success.

Priority Populations

- Teen parents
- Low-income families
- Families with mental illness, disabilities, delay or chronic health conditions
- Families with substance abuse
- Parents with low educational attainment
- Families at risk for child abuse and/or domestic violence

- Military families
- Recent immigrant and refugee families
- Homeless or unstable housing
- Parents recently released from correctional facilities
- Court-appointed guardians and/or foster care

Research Shows...

When families participate in Parents as Teachers:

- Children's developmental delays and health problems are detected early
- Children enter kindergarten ready to learn and the achievement gap is narrowed
- Children achieve school success into the elementary grades
- Parents improve their parenting knowledge and skills
- Parents are more involved in their children's schooling
- Families are more likely to promote children's language and literacy
- Child abuse and neglect is prevented

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Home Visitors Can...

- Assess parent-child interaction.
- Encourage participation in routine post-partum and well-child checks.
- Support healthy parent and child mental wellness.
- Assist families in accessing social services and community resources.
- Screen and refer children for developmental delays.
- Screen and refer parents and caregivers for depression and intimate partner violence.
- Provide education on breastfeeding, safe sleep practices, immunizations, and establishing care with a medical home.

Group Connections

Monthly group activities that give caregivers an opportunity to share experiences and support each other, practice parenting skills and increase family well being, and promote positive parent-child interactions.



Join Our Resource Network!

- Provide connections to valuable community resources for families.
- Refer eligible families by calling 208-533-3194 or Email hwhitworth@eiph.idaho.gov

Thank you for helping us serve Idaho families!

