**Region 7 Behavioral Health Board**

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| Minutes | April 15, 2016 | 11:30 am – 1:00 pm | EIPH, 1250 Hollipark Drive, Idaho Falls |

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| Board Member Attendees |

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| **Name** |  | **Name** |  | **Name** |  |
| Capt. Samuel Hulse, Chair |[x]  Lisa Bell |[ ]  Tracey Sessions |[x]
| Janet Goodliffe, Vice Chair |[x]  Darin Burrell |[x]  Todd Smith |[ ]
| ~~Randy Rodriquez, Treasurer~~Dave Peters (designee) | [x]  | ~~Roger Christensen~~ Crista Henderson (designee) |[x]  Gayle Snowden |[x]
| Sandra Baiocco, Secretary |[ ]  Brian Farnsworth |[x]  Elaine Sullivan |[x]
|  |  | Lisa Koller |[x]  John Tanner |[x]
|  |  | Shawn LaPray |[x]  Jerilyn Taylor |[x]
|  |  | Stephen Malley |[x]  Hon. Joel Tingey |[x]
|  |  | Teriann Parker |[x]  Lynne Trauntvein |[ ]
|  |  | Rebecca Perrenoud |[ ]  Russ Wheatley |[ ]

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| Notes | Excused: Russ Wheatley, Randy Rodriquez, Rebecca Perrenoud |
| Other Attendees | Geri Rackow, Martha Tanner, Holly Molino, Angie Radford, Dionne Chatel, Matt Christensen, John Hathaway, Doug Hulet, Robert Sidwell, Travis Stephens, Kenna Chancey, Tammera Smith, Eric Hill, Kaylyn Voyles, Collin Newman |

## **Agenda topics**

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| Welcome, Introductions, & Roll Call | SAMUEL HULSE, CHAIR |
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| Samuel Hulse called the meeting to order at 11:33 am.Roll Call completed. |

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| Additional Agenda Items | Samuel Hulse |

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| No additional items to add. |

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| Approval of Minutes | Samuel Hulse |

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| Discussion | The board reviewed the minutes from the March 18, 2016 meeting. |
| Motions | Samuel Hulse motioned to approve the minutes as prepared. Janet seconded the motion. |
| Conclusions | Motion Passed |

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| Readiness application update | geri rackow |

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| Discussion | Geri said we did receive approval. She thanked everyone for the help on that. |

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| board member reappointments  | geri rackow |

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| Discussion | Everyone except Lisa Kohler wants to be reappointed. There will be one position available for the committee to appoint a new board member. The Board Chairman and a representative from Health and Welfare are the only people required to approve the nominee. Appointments will take effect July 1, 2016. Anyone interested is encouraged to email Samuel Hulse. His hope is to have a name by the next meeting.  |

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| financial report | dave peters |

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| Discussion | Randy couldn’t be here today, so Dave presented the financial report. Two things to look at: what we have spent so far, and the proposed budget for FY2016. So far the income is about $20,000 and $2,800 has been spent. The current balance of the account is $17,423.29. R7BHB is allotted $50,000 per year (July through June). The proposed budget will cover 8 months and be about $33,328. It is allocated into two categories: $20,000 to personnel expenditures and $13,328 for operating costs. Any unspent funds carry over to the next year’s budget. Geri thought the personnel expense number sounds about right, but so far, limited support has been provided. If the board desires EIPH to do more to support the board and its activities, expenses for personnel costs would increase. Dave asked if anyone thought the proposed budget should be adjusted anyway. Martha Tanner proposed putting some funds towards jailing of people with serious mental illness, and improving adherence to schizophrenia medications. Dave asked her if $8,000 for community support/gaps would be enough for the issues/how it would be spent. Martha said they would need to look more into that. Samuel suggested looking more into the needs/support of the recovery center. At this point, the support EIPH’s PIO has provided for the CMH road shows is being charged to the Blue Cross grant, not the RBHB Contract funds.  |
| MOtions | John Tanner motioned to approve the budget for FY2016. Lisa Kohler seconded the motion. Motion Passed. |
| Conclusions | Motion Passed with all present board members voting for the motion. |
| gaps and needs analysis 2016 | samuel hulse |

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| Discussion | Geri learned from Planning Council that they had provided a simple tool for assessing the gaps and needs of the regions/boards. Proposed projects for the document are: Awareness by the Blue Cross Grant for Children’s Mental Health Awareness, STAR program, Stepping up, Respite Care, Recovery Center-Center for Hope, Trainings (CIT/MHFA), Behavioral Health Crisis Center, Behavioral Health Awareness in General, Strategic Planning, Detox Centers. Dave Peters explained the STAR program to the groups. The is the first year of the program, and it is a program to assist with first psychosis episode for individuals between the ages of 15 and 35. The Star team approaches individuals and helps them achieve their goals after experiencing their first psychotic episode. The main issue they are facing right now is trying to get the word out, and finding individuals that can benefit from the program. They currently have five participants and have room for more. Dave said the best thing R7BHB can do is to help build awareness for the program. |
| Conclusions | Anyone with information on the above suggested projects/issues were asked to stay after the meeting to work with Geri to summarize information for the Gaps & Needs report, which will be submitted to the state’s Behavioral Helath Planning Council in the coming days.  |

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| Behavioral health planning council report | holly molino |

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| Discussion | As already mentioned, the BHPC approved the Readiness Application for Region 7. Holly reported that the next meeting of the Planning Council is April 25th-27th in Boise.  |
| Respite Care | samuel hulse |
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| Discussion | Funding for Respite Care has been underspent in the state and in FY17, additional funding will be made available. The RBHBs have an opportunity to take over Respite Care at the regional level. Accessing respite care has become a little easier, with clients being able to access services as long as have a diagnosis. A big challenge of respite care is recruiting and retaining respite providers. When the family chooses a respite provider, it makes the process much simpler. If the family doesn’t have a provider, they are provided one from an approved list. Currently in Region 7, there are only two providers on the respite list. Sam indicated that he would like the R7BHB to be at the forefront of Respite Care. |
| MOtions | Janet motioned to involve the R7BHB with Respite Care investigation, then amended it to include the CMH Subcommittee lead this effort and work with EIPH to investigate the details of the B7BHB providing respite care locally. Teriann was supportive of this suggestion. Elaine seconded the amended motion. Motion Passed |
| Conclusions | Create a subcommittee to help facilitate this. Motion Passed with all present board members voting for the motion. |

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| CMH subcommittee report | teriann parker |

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| Discussion | Terriann handed out fliers for the Idaho Falls Community Engagement Project presentations on May 3. She asked the group to saturate each community with fliers for the events for their respective areas. As the individual community events are completed, the flyer will transition to providing information about the speaker for the conference in October. Teriann plans for 300 people to attended from all over the region: Utah, Wyoming, Boise. It was suggested to clarify on the flyer that both sessions 1 & 2 present the same information, so participants don’t have to attend both sessions. Entries for the Children’s Mental Health Awareness poster contest are due by April 20th. With the funding support from the R7BHB, 11 baskets will be made for the winners of the contest and will include art supplies to further their talents. |

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| stepping up initiative Subcommittee report | samuel hulse |
| Discussion | First meeting is in May. They are just trying to get the ball rolling and gain momentum. www.steppingup.org is the website for the program and more information is available there. It is a national program that is looking at how to reduce the number of people with behavioral health issues in county jails. It includes how to help with over-capacity in jails, helping with medications, and aiding in the court system process.  |
| optum quarterly report | dionne chatel |
| Discussion | Dionne reviewed the report with the group. She explained the Family Support trainings on April 27th-28th. With the report Dionne went over 3 programs of Optum: 1) The Community Health Initiatives Grant helps to asses urban and rural provider status and readiness to change. The program promotes establishing community based healthcare; 2) The ACEs Program helps to broaden the scope of measurement of the effectiveness and efficiency of clinics; and 3) The Office of Performance Evaluations Report helps facilitate the states goal of moving toward evidence-based practices. |
| community engagement reports | samuel hulse |

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| Discussion | Rexburg Police Department hosted a crisis training and 33 people attended. Law enforcement in Madison County did well in handling the incident at Walmart. Some of the attendees at the crisis training were at the incident. RHS’s 14th annual adult mental health symposium is on May 13th and includes a 5K (on the 14th). The proceeds from the event will go to the Haven. Sandra Baiocco reported that the Center for Hope recovery center received grant funding from the Millennium Fund to help get the center up and running, which Sandy hopes is in July. On April 21st there will be a Marijuana presentation in Rexburg. The SPAN golf scramble is in June.  |
| Public Comment | samuel hulse |

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| Discussion | There were no public comments. |

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| Other Business | None |
| Handouts / Links | None |
| Next Month Agenda Items | Behavioral Health Planning Council Report, Respite Care  |
| Meeting Adjourned | Motion was made, seconded, and passed to adjourn the meeting at 1:06 pm. |
| Next Meeting | 5/20/2016 at 11:30 am at EIPH, 1250 Hollipark Drive, Idaho Falls |

These minutes were approved at a regular board meeting on the 20th day of May, 2016.

Signatures: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Samuel Hulse, Chairman

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 Janet Goodliffe, Vice Chair