



# Children's Mental Health (CMH) Committee Meeting

## AGENDA

Friday, April 21, 2023 | 10:00 am - 11:15 am  
ZOOM

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### Join Zoom Meeting:

<https://us06web.zoom.us/j/88489979307?pwd=eElPbXd5eWJlZlZlYyYcFjldOVENUoxUT09>

**Meeting ID: 884 8997 9307 | Passcode: 496 671 | Phone #: 1 (312) 626-6799**

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Attendees: Ashley Stallings, Megan Slusher, Teriann Ness-Parker, Dave Peters, Sylvia Belford, Alison Cruz, Brenna Christofferson, Janet Goodliffe, Eric Jackson, CCS Clinic (Shawna TenEyck), Crista

1. (10:03 am) Welcome.....Teriann Ness-Parker
2. (10:05 am) Call for Additional Agenda Items.....Teriann Ness-Parker
  - a. No additional agenda items
3. (10:10 am) Review March 17, 2023 Meeting Minutes.....Teriann Ness-Parker
  - a. Janet Goodliffe motioned to approve the meeting minutes as is. Dave Peters seconded. No further discussion. Motion passed.
4. (10:15-10:35am) Introduction for 2023 Community Training.....Teriann Ness-Parker
  - a. 9:00am Friday mornings each week for trainings, School admin, SROs, teachers, and other staff are welcome to attend. Exact dates (possibly October) and locations are currently developing, and Teriann will provide more information as follows.
5. (10:35 am) Questions, Comments on CMH Community Partner Updates.....Teriann Ness-Parker
  - a. The group read over the updates. Dave Peters made a comment about #3 resource – there are a lot of great resources there. Ashley made a comment to be more committed to send in updates. April 28<sup>th</sup> Upper Valley Child Advocacy Center will have an open house at their Rigby location for their mobile unit and invited the group from 11:00-1:00pm.
6. (10:45 am) Ideas for Regional Trainings .....Teriann Ness-Parker
  - a. There is training from the Community Resilience Model in Salmon. There will be another group (nonprofit) joining the meetings shortly so that they can reach out to rural areas.
  - b. Dave announced that Pocatello is having a fire in a local high school, and the teens are affected.
7. (10:55 am) Children's Legislation.....Teriann Ness-Parker
  - a. None.

(11:00 am) Identifying & Discussing Resolutions for Youth Gaps & Needs.....Teriann Ness-Parker

- b. Pocatello BHU is on standby, it is ready for action.
- c. Dave mentioned the challenge it is to get into a therapist in a timely manner and asked the group for any tips. Teriann mentioned that at 'Answers' there is not much of a wait. Dave mentioned that accurately triaging patients is essential in some cases. Megan said that there is no waitlist for 'Pearl' and her IOP Program. Alison also mentioned that the Charlie Health organization is available.
- d. The group also discussed possible ways to announce openings for different clinics, especially private agencies. Dave then mentioned a resource through Community Youth in Action (CYA) called Sparc. Janet suggested to invite someone to the next meeting about how to publicize openings. Holly Whitworth brought up the resource (FindHelpIdaho.org)

8. (11:05 am) Youth Focused Community Announcements.....Teriann Ness-Parker

- a. None.

9. (11:10 am) Public Comment.....Teriann Ness-Parker

- a. None.

10. (11:15 am) Adjourn.....Teriann Ness-Parker

- a. Dave Peters motioned to adjourn the meeting. Eric Jackson seconded. No further discussion. Meeting adjourned.

**Next CMH Committee Meeting:  
Friday, May 19, 2023, at 10:00 AM via Zoom**

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.