



Children's Mental Health (CMH) Committee Meeting

AGENDA

Friday, October 20, 2023 | 10:00 am - 11:15 am
ZOOM

Join Zoom Meeting:

<https://us06web.zoom.us/j/81844068451?pwd=V2JYPRM4aMUc4ccGFLARSMqmnWNvv41.1>

Meeting ID: 818 4406 8451 | Passcode: 180828 | Phone #: 1-720-928-9299

Attendees: Sylvia Belford, Lynne Wade, Brandi Daw, Kristi Garcia, Katie Francis, Dave Peters, Ashley Stallings, Shawna TenEyck, Kevin White, Alison Cruz, Teriann Ness-Parker, Timalee Geisler

10:00 AM	1. Welcome, Introductions, and Roll Call Agenda Review and Call for Additional Agenda Items ACTION ITEM Approval of September 15, 2023, Meeting Minutes	Teriann Ness-Parker Teriann Ness-Parker Teriann Ness-Parker
----------	--	---

Dave Peters Motion to approve minutes as written, Motion seconded by Kristi Garcia. Motion carried.

10:05 AM	2. Highlights from School Safety Training <ul style="list-style-type: none"> • Sylvia – appreciated the Q&A to be able to learn how to talk with others about this topic. • Dave – surprised at the reality of what some of these kids are feeling and expressing in their personal journals. • Shawna – as adults we can be an open space for kids where they can go to in times of crisis. • A local school shared with Teriann that this training was very pertinent in the last week when a threat was made to a teacher. • DriftNet would like to do this training again at a future date to improve and expand on it. Plans are to host again in 2025. 	Teriann Ness-Parker
----------	---	---------------------

10:15 AM	3. Ideas for Crisis vs. Assessment Center Flyer presented Brandi Daw shares the BHC receives patients from all over the state, so resources are not just here local. When they refer out to other resources, there are so many different names so she wants to be able to differentiate between them all. Shawna asked about if the document is shareable, Brandi clarified that it is not made yet but maybe in the future. Teriann shares the interactive map on Juvenile Dept of Corrections web page. Distribution ideas: a postcard-type mailer, Utility bill addition, etc.	Teriann Ness-Parker
----------	--	---------------------

10:20 AM	4. Community Partner Updates <ul style="list-style-type: none"> • Idaho Resilience Project <ul style="list-style-type: none"> ○ Pediatric Mental Health Coping Kits made and distributed to children and youth; education given to parents about why they are being handed out. Katie Francis – ○ “Ready, Set, Go”: targeting MS students, to implement hygiene “shop” and other basic items to provide resources for those who cannot afford hygiene items, ○ “What I wish you knew”: funded through Optum to take across Idaho, it is a youth panel to share what it is like to be a Teen right now. Early 2024: District 7 is the target. Promotional video: https://www.youtube.com/watch?v=L89Lq18MCWU ○ “The Struggle Bus” a traveling 3-day platform for mental health resiliency and resources. 	Teriann Ness-Parker Kristi Garcia
----------	---	--------------------------------------

- **Action Item:** Include regular check-in/update from Idaho Resilience Project in each monthly meeting.

- Upper Valley Child Advocacy Center Ashley Stallings
 - Deployed mobile trailer 3x this month
 - Tour of trailer done in Clark County
 - HOPE training: focusing on ACES and other strengths to be held in St Anthony in the Fremont County Annex building 10-11:30, Nov 9th
- Other Community Partner Updates
 - SPARC was the only contributor.

ACTION ITEM | How to Move forward with Community Partner Updates Teriann Ness-Parker

- It was shared where to find the Community Partner Updates Form on EIPH website.
- Dave shares he likes the form's use. If we can give time to those in attendance and maybe just utilize the form for those individuals for those who cannot attend the meeting.
- Sylvia shared same opinions, keeping the form and using it for those who are not able to attend but still want to share their info.
- Katie shares that across the state she has seen coalitions have a live shared document that anyone can access to add and change info and anyone can access it.

This item is tabled until next month.

10:50 AM	5. Children's Legislation No input	Teriann Ness-Parker
10:55 AM	6. Identifying & Discussing Resolutions for Youth Gaps & Needs <ul style="list-style-type: none"> • Katie's group filling the need of Pediatric Mental Health Needs • Ashley's group filling a need of the mobile unit visiting rural areas 	Teriann Ness-Parker
11:00 AM	7. Ideas for Regional Trainings No input	Teriann Ness-Parker
11:05 AM	8. Youth Focused Community Announcements <ul style="list-style-type: none"> ▪ Brandi shared Youth Intensive outpatient program 12-17 out of EIRMC flyer to send out, no Dr Referral required. ▪ CYA Teen Trunk or Treat tonight 10/20 	Teriann Ness-Parker
11:10 AM	9. Public Comment No input	Teriann Ness-Parker
11:15 AM	10. Adjourn	Teriann Ness-Parker

Ashley Stallings Motion to adjourn, Motion seconded by Brandi Daw. Motion carried.

**Next CMH Committee Meeting:
Friday, November 17, 2023, at 10:00 AM via Zoom**

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.