

# Region VII Behavioral Health Board (R7BHB) Meeting Minutes

October 20th, 2023, | 11:30 am to 1pm
Eastern Idaho Public Health 1250 Hollipark Dr. Idaho Falls, ID 83401
Community Health Classroom • ZOOM

## Board Members in Attendance (marked by an X):

Sheriff Samuel Hulse, Chairman	X	Jerilyn Taylor	Excused, Proxy, Courtney Weaver Via zoom
Darin Burrell, Vice Chair	X	Stephanie Taylor-Thompson	
Commissioner Eric Jackson, Secretary	Excused	Tim Thompson	X
Dustin Park, Treasurer	Excused, Proxy: Teriann Ness-Parker	Sara White	
Chris Brayton		Rick Whittaker	X
Donna Johnson	X	Vacant – IDHW Behavioral Health System Representative	-
Shawn LaPray	X Via zoom	Vacant – Parent of a Child with a Substance Use Disorder	
Commissioner Brent Mendenhall	Excused	Vacant - Representative of Elementary or Secondary Public Education	* .
Teriann Ness-Parker	X	Vacant - Licensed Physician or Health Practitioner	
Commissioner Bryon Reed	X	Vacant - Judiciary Representative	
Tina Ricks	X Via zoom	Vacant - Family Member of Substance Use Disorder Consumer	
Ashley Stallings	X		

**Others in attendance:** Alison Cruz, Timalee Geisler, Sylvia Belford, Katie Dodge, Jane Roberts, Senator Doug Ricks, Ken Asay

11:30 AM

1. Welcome, Introductions, and Roll Call

Sheriff Samuel Hulse, Chair

 Agenda Review and Call for Additional Agenda Items | ACTION ITEM Approval of September 15, 2023, Meeting Minutes | ACTION ITEM

Darin Burrell motioned to approve the September 15, 2023; Meeting Minutes as written. Ashley Stallings seconded. No further discussion. Motion approved.

The FY24 year-to-date revenue is \$12,485.00 and total year-to-date expenditures are \$6,381.11. The YTD fund balance is \$6,103.89. With carryover dollars from previous years, less reserves budgeted for FY24 for Community Support, the current fund balance is \$88,972.78.

Financial Report can be found at www.EIPH.idaho.gov

## 11:45 AM 3. Children's Mental Health Subcommittee Report Teriann Ness-Parker

- DriftNet and School Safety Recap from October 6, 2023
  - Very favorable, positive feedback
  - Planning for another training in 2025
  - o Total attendance will be reported at the November 17 meeting.
  - Will evaluate further at the Children's Mental Health Subcommittee Meeting to be held November 17
- Idaho Resiliency Project Director Katie Frances
  - o Mental Health Pediatric Kits; 5-8, 9-13
    - Distributing across our area
  - What I Wish You Knew Project through Optum
    - Travelling panel of local High School students
    - Hear from child's perspective of what it is like being a teen.
    - Multi-cultural
  - The Struggle Bus − 3-day travelling platform to address mental health resiliency and resources.
    - Trainings
      - For Parents Every Day Strong
      - For Providers
      - Third day is a full training that could include Mental Health First Aid, Community Resiliency Model or Educational based.
- See Children's Mental Health Committee Meeting Minutes for additional report.

#### 12:05 PM 4. R7BHB Member Spotlight

Commissioner Bryon Reed

Bryon Reed is a lifelong resident of Bonneville County. He has a background in farming and business. He is married and raised four children. Bryon is a Bonneville County Commissioner representing District 3. He was elected in January 2017. He sees his role on the R7BHB as fiscal oversight. He has served and serves on several boards including the Eastern Idaho Public Health Board of Health and Region 7 Behavior Health Board. His hobbies include fishing, hiking, raising honeybees and collecting honey, and keeping up with 15 grandchildren.

November spotlight - Sara White

#### 12:15 PM 5. Board Business | ACTION ITEMS |

Board Seats

Samuel Hulse Samuel Hulse  School Representative Board Seat Vote – Katie Dodge, Fremont County School District 215; South Fremont High School

Teriann Ness-Parker motioned to have Katie Dodge fill the School Representative Board Seat. Rick Whittaker seconded. No further discussion. Motion approved.

- Board Member Application for the seat of Parent of a Child with a Substance Use
   Disorder Board Seat
  - Joshua Ceci.
  - Andra Smith-Hansen recommended that he apply for the board seat.
  - Joshua was not in attendance at this meeting.
  - Board members with additional information on Joshua to provide it to the appointing authority.
  - Decision has been tabled pending additional information.
- Board Resignation: Judge Michelle Mallard
  - Retiring and going back into private attorney work
  - Resignation will be addressed in November meeting.
    - This board seat is appointed to the board through the Seventh Judicial District via Judge Watkins.
- 2024 County Visits

Samuel Hulse & Alison Cruz

- Bingham County April 2024
- Lemhi County May 2024
- Teton County August 2024
- Fremont County September 2024

Darin Burrell motioned for the 2024 county visits, travel to the above counties in the months stated.

Bryon Reed seconded. No further discussion. Motion approved.

R&BHB Distribution List

Samuel Hulse & Alison Cruz

- Pros of Intuit Mailchimp
  - Free up to 2000 subscribers and 10,000 e-mail per month.
  - Opportunity to opt in or out.
  - Collects data.
- o Cons
  - Increased staff time
  - Are there ads that go out to subscribers.
- Send a trial newsletter out to board.
- R7BHB Disclaimer for Emails Distributed to be included.
- Keep the disclaimer.

Agenda item tabled pending additional information and outcomes of the trial newsletter sent to the R7BHB.

Samuel Hulse

Mental Health Coalition of Teton Valley

# Commissioner Bryon Reed motioned for Chairman Hulse to vet out presenter with Sara with the stipulation that the \$3000 be used for speaker fee only.

Can the R7BHB approve expenditure for snacks and drinks at an event? Food can be an approved expense. Must stay within the state per diem and must provide an agenda and a signature list of attendees.

The application omits specifics. What will the 3K be used for specifically? From the application the three thousand dollars could be used for anything needed, including cost of food, presenter fees, etc.

There is no one in attendance to answer specific questions including additional information about the presenter. The date of the training is November 15 and 16 in Driggs. Short amount of time to get details for potential approval of grant application. Chairman Hulse to visit with Sara to vet out presenter. If the chairman doesn't feel comfortable making the decision, this agenda item will be tabled and brought back to the board. Chairman Hulse will e-mail board of discussion outcome with Sara.

#### Donna second the motion. Motioned approved.

Teriann Ness-Parker and Dustin Park abstained from the vote.

- Martha and John Tanner Memorial Grant
  - o District 7 Mental Health Courts (Eric Olson) grant application

## Darin Burrell motioned to approve the grant application as stated.

Discussion on grant application:

This grant will help pay for transportation for mental health court clients. Clients can schedule with GIFT when other transportation falls through. This will also help with interim housing costs to stabilize individuals while waiting for housing grants to come through. This will provide for transitional housing. The additional money will help pay for fees including cleaning fees, hygiene items, etc. Participants have to pay these fees whether they have their own supplies or not at transitional housing.

#### Rick Whittaker seconded. Motion approved.

Teriann abstains from vote due to conflict of interest.

### 12:40 PM 6. R7BHB Reports

Samuel Hulse & Alison Cruz

- 2023 Gaps and Needs Report
  - Report attached to the minutes.
  - Board members to review the report.
- FY23 R7BHB Budget/Expenditure Report
  - No questions on budget

#### 12:45 PM 7. R7BHB Grantee Reports

Alison Cruz

 Emily, a teacher from Taylorview Middle School in Idaho Falls received a grant to help with Hope Week. Report will be sent out to the board via e-mail and attached to meeting minutes.

## 12:50 PM 8. Behavior Health Crisis Center Data Report

Ken Asay

- No numbers to report.
- Crisis Center is picking up, had been slow recently, uptake of people who have never been to the crisis center before, some from out of state passing through, acute mental health, better marketing for crisis center to get back some of the original people.

#### 12:55 PM 9. Community Reports/Announcements

Samuel Hulse

- Darin Burrell plan to attend the training in St. Anthony on November 9<sup>th</sup> in the Fremont County Annex Building. Training on ACES, etc. 10-11:30 am. Upper Valley Child Advocacy Mobile Unit will be there for a tour.
- Tina Ricks with CSP. Dr. Joyner invoices have come in and will be submitted to board next week.
- Tim Thompson. November 10, Dr. Rudd training for treating and assessing suicide risk. 6 free CEU's. Tim will send the flyer to Alison to be forwarded to the board.

#### 1:00 PM 10. Public Comment

Samuel Hulse

Mallory Johnson had her baby on 10/19 and her name is Josie.

### 1:00 PM 11. Adjourn

Samuel Hulse

Teriann Ness-Parker motioned to adjourn. Seconded by Donna Johnson. seconded the motion.

Signatures:

Samuel Hulse Chair

Darin Burrell, Vice Chair