

## **Region 7 Behavioral Health Board Gaps and Needs Analysis - 2023**

This form is designed to collect information for the annual report to the Governor and Legislature about behavioral health services in Idaho. If you have any pictures of community events in your region, please attach them. Thank you for your help in improving the quality of behavioral health services for Idahoans!

**Person Completing Form:** Mallory Johnson with input from the R7BHB

**Region:** 7

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**Contact Phone Number:** 208-533-3221

**Please list your Behavioral Health Board's Sub-Committees along with each sub-committee's Chair name and contact information:**

- Children's Mental Health Subcommittee | Teriann Ness-Parker | [teriannjness@gmail.com](mailto:teriannjness@gmail.com)
- Bylaws Subcommittee | Chris Brayton | [chris@brickhouserecovery.com](mailto:chris@brickhouserecovery.com)

**Please list your region's top three goals:**

1. Funding micro-grants that work to further the mission of the Behavioral Health Boards
2. Increasing outreach, education, and communication on the mission of the Behavioral Health Boards
3. Increasing and improving rural engagement

The Region 7 Behavioral Health Board added two additional goals for fiscal year 2023:

4. Increase public awareness around substance use disorders and other related community concerns, in particular fentanyl and other opioids as well as outreach on naloxone education
5. Gather data analytics related to behavioral health within the Region 7 Behavioral Health Board service area

**Please list the top 3 action items for these goals:**

1. Review and vote on applications/funding requests paying attention to their alignment with the R7BHB mission.
2. Provide educational presentations and trainings to Board members at monthly meetings and share behavioral health resources via the email distribution list and EIPH's Facebook page and website: <https://eiph.idaho.gov/RBHB/rbhbmain.html>.
3. Recruit Board members from rural counties and hold monthly meetings in rural counties.

**Please provide short answer on your success or outcome. If not, explain why.**

1. Funded a total of three projects including:
  - Taylorview Middle School Hope Squad Project
  - Martha Tanner Memorial Grant to the Friendship Club
  - Ahead of the Curve – School Safety Training scheduled for October 2023

**Continued: Please provide short answer on your success or outcome. If not, explain why.**

2. We provided educational presentations and trainings to Board members at monthly meetings and shared behavioral health resources via the email distribution list and EIPH's Facebook page and website. Training topics/resources provided to R7BHB members, community members, and behavioral health professionals:
  - Substance Use Prevention and Response, specifically fentanyl education
  - Crisis Intervention Team Training
  - Suicide Prevention
  - Drug Enforcement Agency (DEA) One Pill Can Kill Campaign
  - Recovery Services
  - Mental Health Awareness
  - Re-entry services at the Center for HOPE
  - Youth Substance Use Prevention – Partnership For Success Program (Underage Drinking)
  - Opioids – Opioid Crisis and the impact, prevention, Drug Take Back events
  - Optum services and trainings
  - Mental health conditions – depression, anxiety, ADHD, etc.
  - Grief, loss, and trauma informed care
  - Children's Mental Health
  - Working with Families of children with SUD and mental health issues
  - Child abuse prevention
  - Youth Support
  - Peer and family support
  - Statewide behavioral health legislation
  - Idaho Children's Trust Fund
  - Domestic violence
  - Crisis Care
  - Anti-stigma education
  
3. The board is currently working on recruiting for five (5) open board seats. Recruitment efforts have been extended outside of just Bonneville County and into our rural communities.

**Q1: What education and/or community events did you participate in?**

Fremont County Resource and Collaborative Efforts (RACE) meeting, Clark County Resource and Collaborative Efforts (RACE) meeting, meetings with elected officials, Fentanyl Town Hall, Madison County Commissioner Meetings, Idaho Behavioral Health Council (IBHC)

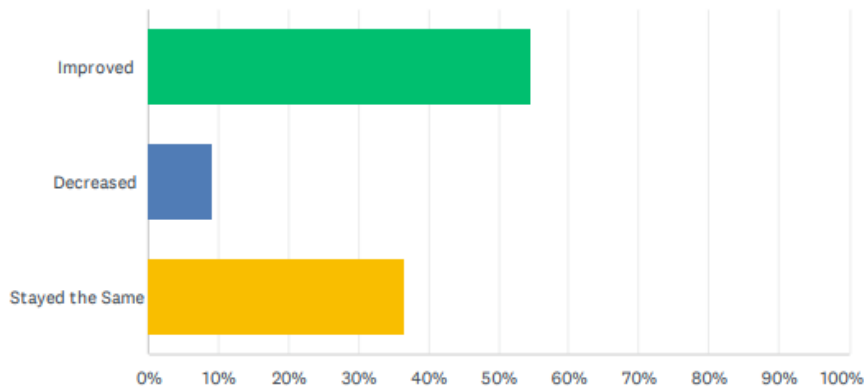
**Q2: What are the top three greatest gaps and needs in behavioral health in Region 7?**

#	1.
1	Lack of awareness or education of available resources.
2	Substance use
3	dealing with overdose
4	Timely Access to Services (Long waitlists)
5	Medication access at the Crisis Center
6	Housing
7	Public recognition of available services
8	Substance abuse inpatient
9	Adolscent beds for severe behavioral health needs
10	more public awareness about SUD's
11	Coordination of Behavioral Health Public & Private
#	2.
1	Lack of resources in rural and more remote communities
2	Homelessness
3	dual diagnosis programs
4	More IOPs to address higher acuity clients
5	Lack of Naloxone access due to House Bill 350
6	Education
7	Treatment programs and counseling services
8	Enough Providers to meet the need
9	Qualified clinicians for young children that include parents in the treatement models
10	the time to get into counseling is to long.
11	Available facilities for youth treatment

**Continued: Q2: What are the top three greatest gaps and needs in behavioral health in Region 7?**

#	3.
1	Suicide prevention
2	Dementia
3	medical detox
4	Lack of systemic BH data to help drive decision making
5	Lack of affordable housing
6	Support
7	Stable housing
8	Housing for low income individuals or people on fixed income
9	Supports for individuals with mental health needs and SUD
10	more community outreach
11	Available funding for continuing and new programs

**Q3: Do you feel access to Mental Health services (not SUD, which will be addressed in Question 4) in your Region has improved, decreased, or stayed the same? Please explain why.**

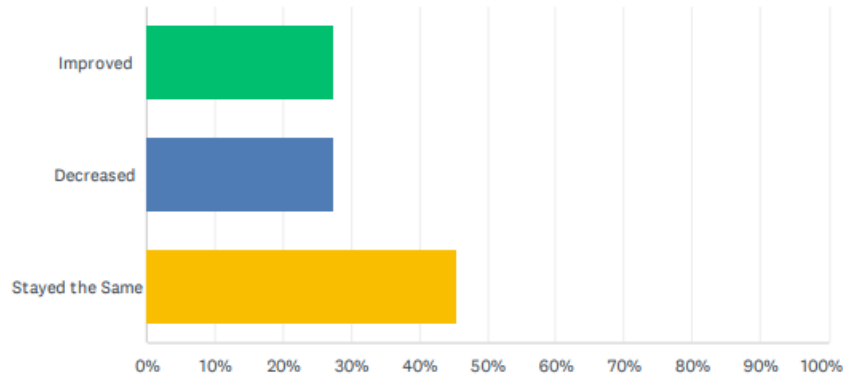


ANSWER CHOICES	RESPONSES	
Improved	54.55%	6
Decreased	9.09%	1
Stayed the Same	36.36%	4
TOTAL		11

**Continued: Q3: Do you feel access to Mental Health services (not SUD, which will be addressed in Question 4) in your Region has improved, decreased, or stayed the same? Please explain why.**

- I feel that services are available but the system and accessing services can be very complex and may limit some participation
- Increased beds in the region including more adolescent beds at EIRMC as well as Crisis Center other services.
- There are new programs that come and go
- I believe access to MH services has slightly decreased due to workforce capacity challenges found in every industry. Waitlists are common and time to get into a provider has increased.
- Multiple Providers, Medicaid Expansion.
- Just observation
- Medicaid expansion
- For the past year providers have continued to discuss the long waitlists for services. Some agencies have lists that are 6 months to a year long.
- The RISE UP Center has opened, EIRMC has streamlined their intake process for mental health patients, Region 7 Behavioral Health Board continues to facilitate partnerships and coordination across systems, continue to be a focus across the state and our region. Suicide Prevention efforts
- There is still a 2 to 3 month wait time to get into counseling.
- Much more recognition and awareness. There is still much to be done

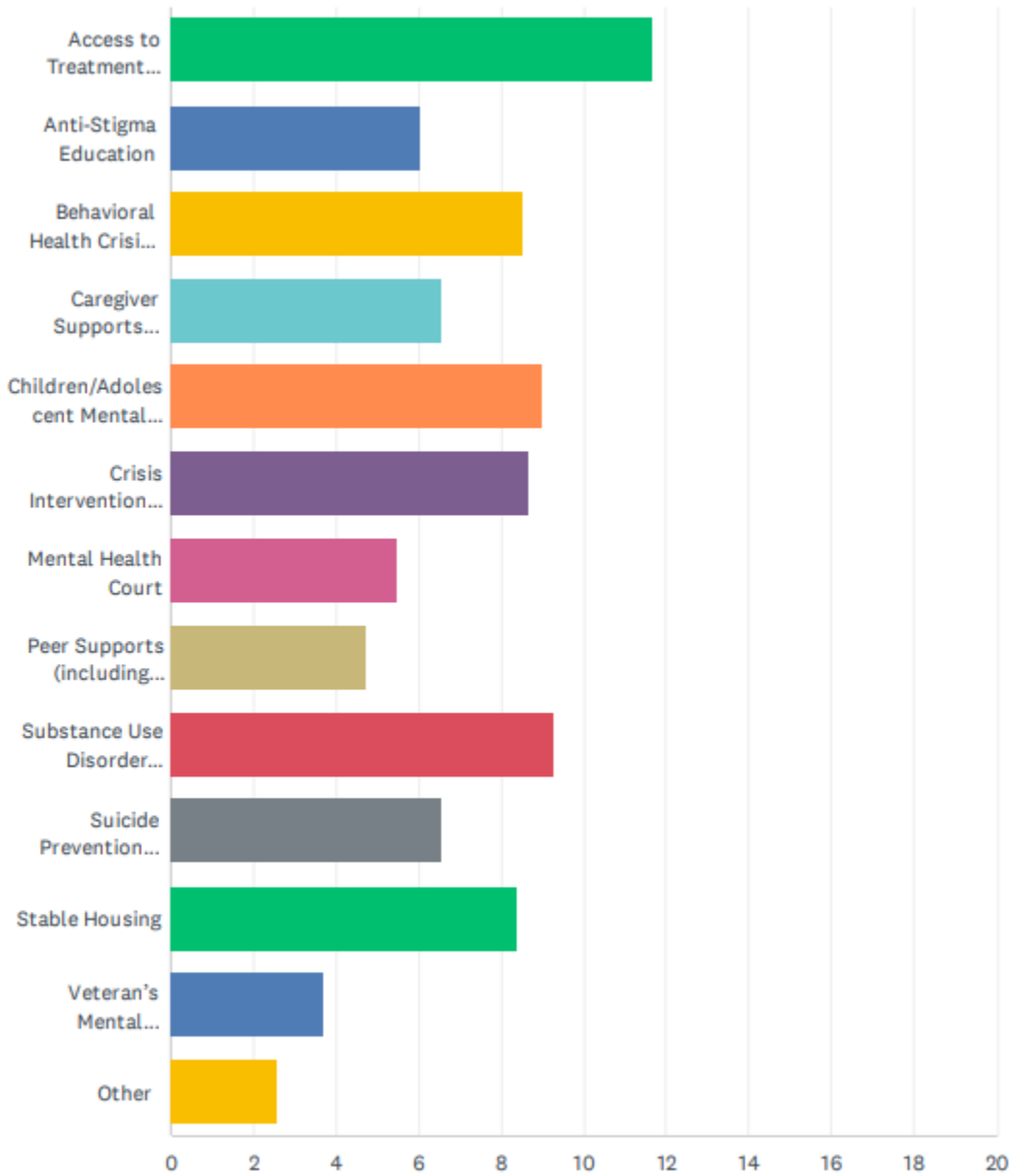
**Q4: Do you feel access to Substance Use Disorder services (Prevention, Treatment, Recovery) in your Region has improved, decreased, or is staying the same? Please explain why.**



ANSWER CHOICES	RESPONSES	
Improved	27.27%	3
Decreased	27.27%	3
Stayed the Same	45.45%	5
<b>TOTAL</b>		<b>11</b>

- Relative to the growing need, I am not aware of any real improvement in access to SUD services
- Funding issues for clients without Medicaid
- I feel that access to SUD services in R7 has slightly decreased due to workforce capacity issues within the field.
- Center for Hope do an excellent job, improved coordination and all services including jails.
- Observation
- Medicaid expansion
- Seems that there is still quite a long waitlist to access services.
- I still see gaps in programs to support individuals who have been incarcerated and are released and need SUD treatment. I believe that the OPIOD Settlement funds have the potential to help community programs that can assist with the treatment of SUD.
- I feel people are getting into PHP programs quicker but not inpatient. I feel inpatient has not changed that much.
- Still looking for improvement in the region. It seems to be strengthening in the immediate Idaho Falls area but could use pushing out to outer parts

**Q5: Please rank each of the following categories in Region 7, with 1 being the most critical. If you identify a critical need that is not listed below, please rank it as “Other”. Then, in Question 6, please identify what the “Other” need is.**



**Q6: In the previous question, if you chose “Other”, please identify what the critical need is.**

#	RESPONSES
1	na
2	Funding
3	Coordinated Data collection to aid in decision making
4	Medication management access at Crisis Centers that allows for appropriate provider billing.
5	Not sure
6	NONE
7	Adult Mental Health Care (appointments)

Region 7 Behavioral Health Board’s mission is to improve our systems of care within Region 7 for those affected by behavioral health issues. We will do this by evaluating gaps in services, encouraging collaboration among stakeholders, ensuring monitoring of critical statistics, and developing strategic plans based on the information.

For questions, please contact Mallory Johnson: [mjohnson@eiph.idaho.gov](mailto:mjohnson@eiph.idaho.gov)