



Children's Mental Health (CMH) Committee Meeting

AGENDA

Friday, November 17, 2023 | 10:00 am - 11:15 am
ZOOM

Join Zoom Meeting:

<https://us06web.zoom.us/j/81844068451?pwd=V2JYPRM4aMUc4ccGFLARSMqmWNvv41.1>

Meeting ID: 818 4406 8451 | Passcode: 180828 | Phone #: 1-720-928-9299

Attendees: Shane Boyle, Brandi Daw, Tasha Baker, Nycole Crow, Jim Powell, Lynne Wade, Anne Marie Hopla, Nephi Rudd, Dave Peters, Jim Hopla, John Miller, Crista Henderson, Sylvia Belford, Dustin Park, Teriann Ness-Parker, Alison Cruz, Shawna TenEyck, Holly Whitworth

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| 10:00 AM | <p>1. Welcome, Introductions, and Roll Call
Agenda Review and Call for Additional Agenda Items
No additional agenda items</p> <p>ACTION ITEM Approval of October 20, 2023, Meeting Minutes
Dave Peters motioned to approve the meeting minutes as written. Shane Boyle seconded. No further discussion. Motion approved.</p> | <p>Teriann Ness-Parker
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| 10:05 AM | <p>2. ACTION ITEM Subcommittee Business</p> <ul style="list-style-type: none"> • Cancellation of December 15, 2023, Meeting <p>Shane Boyle motioned to cancel December meeting. Dustin Park seconded. No further discussion. Motion approved.</p> | <p>Teriann Ness-Parker</p> |
| 10:10 AM | <p>3. DD Waiver & PCS Services for Children</p> <p>Tasha is involved with a group for moms with children with special needs that prioritizes self-care and mental health within their group as well as sharing resources amongst each other and others. Idaho Falls Exceptional Moms Alliance (IFeMa) Facebook page is used to share information and lift each other while also creating a tribe to check in with each other outside of their monthly meet-ups.</p> <p>Tasha has learned about the resources available for special needs families and continues to learn and share with others. So many mothers are in the same boat and don't have the knowledge or ability to know where to go to find help. Having a group to share information has been much more helpful than anything they have found so far.</p> <p>The biggest gap in knowledge is when there is a co-occurring mental health diagnosis, there is additional help those families and individuals. Another large gap in knowledge is the transition from child to adult with special needs, there is not help for this and Nycole has been a great paver on this road. Nycole has created a "booklet" with updated information that is digitally available since information is constantly changing and updating.</p> <p>There are not resources readily available to families when they receive a diagnosis. Project Impact was very helpful in getting some education started to parents in the early stages. It is personalized to that individual and family and it takes place in their home.</p> <p>Teriann Ness-Parker: CMH subcommittee created a transition guidebook pre-COVID utilizing interns but it had to be tabled as meetings became virtual. Optum also has a resource guidebook available on their website.</p> | <p>Tasha Baker & Nycole Crow</p> |

Jim Powell asks: Would like contact information from both Tasha and Nycole. With SPARC as a resource center, they want to know what the needs are in their community to be able to get families and parents to the right help.

Dustin Park asks: You had to go through everything by yourself, finding everything “from scratch”. Do you remember at what point in this journey you first reached out for help?

Tasha Baker: There is an early detection intervention that connected to resources with a case manager but the available resources stop at age 3 because the child then goes to school and there are minimal school resources from there on out. Parents Alliance for Special Needs Children Facebook group has been a place where parents or families have reached out to get a direction on where to go for help.

Teriann Ness-Parker: In order to revamp the guidebook or resources, can we start again? Can we have interns to help?

Brandi Daw: An idea to create a Website that can classify and organize resources available in the area then create a QR code to make available for parents to scan and get the resource information quickly.

- 10:30 AM 4. Creation of Crisis vs. Assessment Center Flyer Teriann Ness-Parker
Brandi Daw has a draft written but not printed. She is still working on in and organizing it.
Shawna TenEyck created one for her clients as a quick look guide just for Region 7 area.
- 10:35 AM 5. Community Partner Updates Teriann Ness-Parker
Jim Hopla
- Bonneville Youth Development Council
501c(3) non-profit coalition. One of the oldest coalitions in the community. Focus on preventing: Alcohol, Marijuana, Tobacco/vaping, Prescription Drugs & Opioids. Vision: Drug free communities throughout the SE Idaho Region for youth to thrive and be successful. Programs they work with: teach CATCH my Breath – an evidence based Nicotine vaping prevention program; Drug Take Back Events – Partner with DEA, EIPH, BCSO, IFPD to get medicines disposed of properly; Hidden In Plain Sight – Drug Prevention Trailer; Creating a mobile display called “Smokescreens”.
 - Questions, Comments on CMH Community Partner Updates Teriann Ness-Parker
Teriann walked through step by step on where to find the Community Partner Update form on EIPH website.
- 10:50 AM 6. Ideas for Regional Trainings Teriann Ness-Parker
No Comment
- 10:55 AM 7. Children’s Legislation Teriann Ness-Parker
Lynne Wade: Sept 1st, a requirement was passed that children were not able to ride independently, what has come of that?
Shawna TenEyck: A doctor has to sign a document to say that a child can ride on their own. However, an adult is required to ride with them the first trip to ensure they know what is going on and what they need to do.
- 11:00 AM 8. Identifying & Discussing Resolutions for Youth Gaps & Needs Teriann Ness-Parker
Get BYDCs trailer out to more counties. Possibly to accompany R7BHB when they go to other counties in the next calendar year for Board meetings.
Getting transition guidebooks/resources out to the communities. Find Help Idaho, Optum, etc.
- 11:05 AM 9. Youth Focused Community Announcements Teriann Ness-Parker
No Comment
- 11:10 AM 10. Public Comment Teriann Ness-Parker
Shane Boyle announced Juvenile Justice Council District at JCC focusing on Prevention, Collaboration of Referral and Reintegration next meeting in January.

**Next CMH Committee Meeting:
Friday, January 19, 2024, at 10:00 AM via Zoom**

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.