

REGION VII - EASTERN IDAHO

Region VII Behavioral Health Board (R7BHB) Meeting Minutes

November 17th, 2023 | 11:30 am to 1pm Eastern Idaho Public Health 1250 Hollipark Dr. Idaho Falls, ID 83401 Community Health Classroom - ZOOM

Board Members in Attendance (marked by an X):

Sheriff Samuel Hulse, Chairman	X	Jerilyn Taylor	X, virtual
Darin Burrell, Vice Chair	X	Stephanie Taylor-Thompson	Excused, Proxy: Tina Ricks X
Commissioner Eric Jackson, Secretary	Excused, Proxy: Dustin Park X	Tim Thompson	X, virtual
Dustin Park, Treasurer	Х	Sara White	X, virtual
Chris Brayton	X, virtual	Rick Whittaker	X, virtual
Donna Johnson	Х	Katie Dodge	х
Shawn LaPray	x	Vacant – Parent of a Child with a Substance Use Disorder	
Commissioner Brent Mendenhall	x	Vacant – IDHW Behavioral Health System Representative	
Teriann Ness-Parker	x	Vacant - Licensed Physician or Health Practitioner	
Commissioner Bryon Reed	x	Vacant - Judiciary Representative	
Tina Ricks	X, virtual	Vacant - Family Member of Substance Use Disorder Consumer	
Ashley Stallings	X, virtual		

Others in attendance: John Miller, Ken Asay, Sylvia Belford, James McLain, Crista Henderson, Megan Slusher, Brenda Valle, Rick Croft, Sara Morrell, Sean Waldron, Alison Cruz

1. WELCOME, INTRODUCTIONS, AND ROLL CALL | Samuel Hulse, Chair

ACTION ITEM | AGENDA REVIEW AND CALL FOR ADDITIONAL AGENDA ITEMS | Samuel Hulse

No new items added. New board member approval postponed to next meeting.

ACTION ITEM | APPROVAL OF October 20, 2023 MINUTES | Samuel Hulse

Commissioner Bryon Reed motioned to approve the October 20, 2023 Meeting Minutes as written. Donna Johnson & Darin Burrell seconded. No further discussion. Motion approved.

2. FINANCIAL REPORT | Dustin Park

The FY24 year-to-date revenue is \$16,652.00 and total year-to-date expenditures are \$10,899.51. The YTD fund balance is \$5,752.49. With carryover dollars from previous years, less reserves budgeted for FY24 for Community Support, the current fund balance is \$88,972.78.

3. SCHOOL SAFETY SUMMIT | Teriann Ness-Parker, Dustin Park & Drift Net

John Miller from Drift Net gave a report of the results/outcome from the survey on the school safety summit. The feedback from SROs was positive and several regions not in attendance heard about and requested copies of the book. Drift Net working to get the media cut up and available to view and dispense. The next summit will be held in two years and planning is already in the works. Some goals for the next summit are to get the word out into the community more effectively, to encourage physical attendance for most attendees, to bridge the gap between administrators and teachers in communication about the event and expand outside of the Drift Net network for speakers.

4. CHILDREN'S MENTAL HEALTH SUBCOMMITTEE REPORT | Teriann Ness-Parker

December meeting is canceled with plans to hit the ground running in January. In today's meeting, the CMH Subcommittee heard from a parent and a provider from a family with two children diagnosed as non-social about the family's experiences and challenges with finding resources. Bonneville Youth Development Council gave a description of their services and explained their plan for expansion out of Bonneville County to the whole region including a plan to take the Hidden in Plain Sight trailer on the road. The committee also discussed the need to create a pamphlet or information resources about the difference between crisis centers and assessment centers. There is a great document that already exists but there is so much information that it is not very digestible for parents, especially in moments of crisis.

5. R7BHB Member Spotlight | Sara White

Sara White is a Licensed Clinical Professional Mental Health Counselor. She is originally from the south but has lived in Driggs since 2011. She first found out about the Regional Behavioral Health Board through Mimi and is passionate about connecting Driggs to other parts of the state and the region. She is an overachiever with a little more than a master's degree. She loves summers in Teton Valley. Sara reports that services for mental health in Teton Valley have improved over the last 10+ years but there are still gaps to be filled. Largest limitations are providers that see children or those with Medicaid.

6. BOARD BUSINESS | ACTION ITEM | Samuel Hulse

- Board Membership
 Parent of a Child with a Substance Use Disorder Board Seat Vote Postponed to next meeting.
- Board Resignation: Judge Michelle Mallard
 - Present plaque
 Many thanks for the years given in service and best of luck in the future.
- December Meeting Cancelation

 Darin Burrell motioned to cancel December meeting and resume in January.
 Commissioner Brent Mendenhall seconded. Discussion made by Shawn LaPray: Any urgent items that require keeping the meeting? None determined. Motion approved. Next meeting Friday, January 19, 2024.

• MailChimp test input

Our goal with the MailChimp test is to systematize how we at EIPH share information that is sent to us to be shared with the community.

Shawn LaPray moved to adopt a dual approach for the next 2 months by sending both MailChimp updates as well as emails in the way we have already been doing. In January, a decision will be made about whether we want to switch over to MailChimp or not. Donna Johnson seconded.

DISCUSSION: The question of whether we will be able to use MailChimp for free was brought up. The answer is yes, the volume of emails we will be sending and the number of people the emails will be sent to will stay well below the limit for the free account. If for any reason we decide to upgrade to the paid account, the next tier is \$13/month.

Motion approved.

7. R7BHB GRANTEE REPORTS

- CSP Suicide Prevention Conference | Rick Croft
 Very successful Conference. 241 signed up and attended conference, 136 in person, 105 virtual. Of these 241 people, 86 were seeking CEUs, 3 seeking CMEs, and 152 general attended. A lot of positive feedback about each of the presenters. 95% of attendees felt their personal objective for attending was met. 96% of attendees felt the Conference will influence their practice performance. \$6500 grossed for CSP. Being a Non-Profit, it will all be turned around and used toward services put on by the group.
- 8. BEHAVIORAL HEALTH CRISIS CENTER DATA REPORT | James McLain & Ken Asay James McLain shared data from October for the number of individuals helped at the Behavioral Health Crisis Center as well as the demographics of those individuals.

9. COMMUNITY REPORTS/ANNOUCEMENTS | Samuel Hulse

Sean Waldron with IDHW: Final draft of Governors Report and newsletter will be finished in December and published in January.

Shawn LaPray: Jesse Hinkley a new child psychiatry provider for BHC from Denver started in September. Children from all over have come into the BHC and the new beds added are getting use.

Dustin Park: CIT training in October, received great input from participants, evaluating numbers and implementing changes as they come. Waiting list for trainings is usually between 6-10 people, it is in high demand. Next training will be in March 2024.

10. PUBLIC COMMENT | Samuel Hulse

No Comment

11. ADJOURNMENT | Samuel Hulse

Shawn LaPray motioned to adjourn, seconded by Chris Brayton & Donna Johnson. Motion approved.

Signatures:

Samuel Hulse, Chair

Darin Burrell, Vice Chair