

# Children's Mental Health (CMH) Subcommittee Meeting

#### **MINUTES**

Friday, November 15, 2024 | 10:00 am - 11:15 am
Eastern Idaho Public Health – Conference Room
1250 Hollipark Drive, Idaho Falls, ID 83401
| ZOOM

# Join Zoom Meeting:

https://us06web.zoom.us/j/81844068451?pwd=V2JYPRM4aMUc4ccGFLARSMgmWNvv41.1

Meeting ID: 818 4406 8451 | Passcode: 180828 | Phone #: 1-720-928-9299

Attendees: Brandi Daw, Staci Sutherland, Teriann Ness-Parker, Timalee Geisler, Mallory Johnson, Dave Peters, Marco Erickson, Angela Tinsley, Sylvia Belford, Nycole Crow, Kenya, Crista Henderson, Megan Slusher, Tasha Baker, Nancy Heyrend

10:00 AM

- Welcome, Introductions, and Roll Call Agenda Review and Call for Additional Agenda Items ACTION ITEM | Approval of August 16, 2024, Meeting Minutes ACTION ITEM | Approval of October 18, 2024, Meeting Minutes ACTION ITEM | December 2024 Meeting
  - N ITEM | December 2024 Meeting Teriann Ness-Parker
  - The December Meeting will be Canceled

10:10 AM

# 2. Community Partner Updates

Teriann Ness-Parker Angela Tinsley

Teriann Ness-Parker

Teriann Ness-Parker

Teriann Ness-Parker

Teriann Ness-Parker

- Aspen Mental Health
  - Shared a PPT presentation on what Aspen Mental Health does
  - Just started getting into childcare
  - Just started a parent training program, any member of the community is welcome to attend, they had their second one last night,
  - Asked how do we get the class information
    - They have flyers
    - Trying to keep them the same day of every month 3<sup>rd</sup> Thursday of the month
  - Will share information with the newsletter
- Services provided by other agencies
  - Pearl Health Medication management, counseling, neuro-divergent specialists, family support, peer support for kids, Skills training and Development groups (STAD) program, adolescent IOP starting again in January 2025, Youth empowerment services, TCC, respite care
  - Answers, LLC counseling individual, group, and families, play therapy, TBS, activities throughout the year through youth and families
  - Mountain West Supportive Services no waitlist for counseling sessions for children currently, therapy, youth support, CBRS, target care coordination, family support partners, respite services, parenting class based on the premise of Love and Logic, neo-divergent services, multiple groups
  - EIRMC BHC Intensive Outpatient Program for ages 12 to 17 years of age, does not require a clinical referral or a medical referral

 Rise Up Youth Crisis Center – case managers, peer supports, security and medical team, work on coping skills, crisis sessions and family session, take kids ages 5 through 17 years of age

## 10:35 AM 3. Children's Legislation

Teriann Ness-Parker

- Idaho Section 1115 Demonstration Amendment: Removal of Family PCS Expenditure Authority
  - Removal expenditure authority for use of legally responsible individuals to render Personal Care Services (PCS)
  - This amendment is current right now
  - If you have questions please reach out to Marco Erickson or Tasha Baker

# 10:45 AM 4. Ideas for Regional Trainings

Teriann Ness-Parker

- School Safety Summit to happen next October 2025
- Tall Cop Says Stop Webinars hopefully available December 1

## 10:55 AM 5. Identifying & Discussing Resolutions for Youth Gaps & Needs

Teriann Ness-Parker

No comments

# 11:00 AM 6. Youth Focused Community Announcements

Teriann Ness-Parker

Timalee Geisler

EIPH Updates

- Pearl Health
  - Monthly CEUS
  - o January Youth IOP is starting up, come into Pearl or call Pearl to sign up
- Mountain West Supportive Services
  - Youth trauma group starting in January for adolescents ages 12 to 18
  - Special Education Handbook which takes care of IEP rules in the state of Idaho is undergoing a complete re-write and is being audited on a chapter by chapter basis and will be submitted for the general population to review → if anyone wants to make comments reach out to Nycole Crow or wait until it goes out for Public Comment in January
- Bonneville Interagency Council conference
  - o Equal Access and Resource Accommodations for Disable Citizens
  - February 13, 2025 6 CEUs
- Staci brought flyers of the difference between the youth crisis center and assessment centers

## 11:05 AM 7. Public Comment

Teriann Ness-Parker

• Idaho Falls Fentanyl Townhall Tuesday, November 19th: 6:30pm to 8pm

#### 11:15 AM 8. Adjourn

Teriann Ness-Parker

Next CMH Committee Meeting: Friday, December 20, 2024, at 10:00 AM

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.