



**BEHAVIORAL
HEALTH BOARD**
REGION VII - EASTERN IDAHO

MINUTES | Region VII Behavioral Health Board Meeting

Friday, September 20th, 2024 | 11: 30 a.m. to 1 p.m.

**Mental Health Coalition of Teton Valley:
76 N Main Street, Suite 206, Driggs, ID 83422**

Join Zoom Meeting:

<https://us06web.zoom.us/j/88438145466?pwd=UyK8WiEMDxrpwKiLPuEYsOQkQOqfWk.1>

Meeting ID: 884 3814 5466 | Passcode: 901761 | Phone #: 1-720-928-9299

Board Members in Attendance (marked by an X):

Darin Burrell, Chairman	X, In-Person	Melissa Thyberg	X, Virtual
Commissioner Eric Jackson, Vice Chair	X, In-Person	Randall Law	X, Virtual
Donna Johnson, Treasurer	X, Virtual	Rick Whittaker	Absent
Dustin Park, Secretary	Excused	Sara White	X, In-person
Ashley Stallings	Excused	Sheriff Samuel Hulse	Excused
Chris Brayton	X, Virtual Had to leave meeting, proxy Mallory Johnson	Stephanie Taylor-Thompson	Absent
Commissioner Brent Mendenhall	Excused	Teriann Ness-Parker, CMH Subcommittee Chair	X, Virtual
Commissioner Bryon Reed	X, Virtual	Tim Thompson	X, Virtual
Jerilyn Taylor	Absent	Tina Ricks	X, Virtual
Joseph Corey Leishman	Absent		
Judge Michael Whyte	X, Virtual	Vacant – Parent of a Child with a SUD	
Katie Dodge	Absent	Vacant - Family Member of Substance Use Disorder Consumer	

Other attendees: John Hart, Sean Waldron, Alison Cruz, Timalee Geisler, Mallory Johnson, Tiffany Hicks, Stacy Neil, Ryan Richardson, Emily Shore, Brandi Daw, Sylvia Belford, James McLain, Ken Asay

11:30 AM 1. Welcome, Introductions, and Roll Call Darin Burrell, Chair
Agenda Review and Call for Additional Agenda Items | **ACTION ITEM**

No additional agenda items.

Approval of August 16, 2024 Meeting Minutes | **ACTION ITEM**

Sara White motions to approve the August 2024 meeting minutes. Commissioner Jackson seconded. No discussion. Motion approved.

11:35 AM 2. Financial Report
Can be found on the EIPH website

Donna Johnson

11:40 AM 3. CMH Report
Minutes can be found on EIPH's website

Teriann Ness-Parker

11:45 AM 5. Board Business | **ACTION ITEMS**
• Salmon CIT Lodging

Darin Burrell

Commissioner Jackson motions that the R7BHB cover the cost of the loss of the one night hotel fee for the Salmon CIT training. Sara White seconded. No further discussion. Motion passes.

11:55 PM 6. Protecting Our Kids Symposium Attendee Report

Ashely Stallings

Darin Burrell gave a report on the Protecting Our Kids Symposium. Multiple job sectors were represented at this meeting. The speaker that the BHB funded spoke on trauma and secondary trauma. He spoke on burn out. Sean Waldron asked how his approach was when talking about burn out and self-care. → was it centered around the individual experiencing burn out or the profession/organization. Darin thought it was a great use of board funds. Ashley gave a spotlight to the board for funding this. The conference focused on making lives better and taking care of yourselves.

12:00 PM 7. Teton County Gaps and Needs

Darin Burrell

Teton Valley is under resourced in different sectors within their community. Have more need than providers. Local hospital community needs assessment says for every 1 MH clinical they have to serve 1045 people. There is some change. There is no a single child Medicaid provider in the county. Cost of living in Teton County is high. They did have on agency in town that had Medicaid services but they let go of their contract. Drug court contract is not local. Substance use continues to be an issue in Teton County. Rental space costs. Hard to get people to commit to running groups in the evenings.

Hard to get people to want to show up for groups. Medical transport is huge for Teton County residents. Do not have resources for Spanish speaking individuals and there is a barrier that they do not trust tele health and do not want to engage in services that way.

Needs for taking care of seniors. Not enough services in place for assisted living. There is no assisted living here. Social health piece for seniors needed. Seniors West of the Tetons has a meal delivery program and expect that need to grow. SWOT rely on volunteers. Have 4 people on staff. Isolation is the number one issue for seniors. Getting to them and bringing them in. Hope to have a transport system in the valley to bring them to meals, prescription pickups, doctor visits, Just got a nurse and rehabilitative health occupational therapist on their board of directors. Active senior population. Free medical equipment loan program from Seniors West of the Tetons.

Needs: loneliness, the feeling of being a burden on the family and the community, losing independence, fear of death, suicidal ideation, integration to develop a purpose for their day to day life, to and from appointments

SWOT have a death café conversation

The coalition has 6 free counseling sessions for those who are underinsured and through Seniors west of the Tetons, they can get 12 free sessions
Five Medicare providers in the community
Stigma in the community around mental health
1 peer support specialist at red door
Coalition is looking on how to support and grow local services because of the transportation issues
School district moved to a 4 day school district this year, now kids are not in school on Friday, how do we deal with youth supervision on Fridays?

12:45 PM 8. Behavioral Health Crisis Center Data Report James McLain & Ken Asay
James shared that is difficult to stabilize someone from Teton County and send them back here. The mobile crisis response team may be of value.

122 intakes to the crisis center, about 30% are reporting suicide ideality at some level, served 4 veterans, 17 police referrals to the centers, 10 hospital referrals, 78% of referrals are linked to severe mental illness as well as substance abuse, seeing individuals struggling with relapse, census is going up//almost double the last two weeks, seeing people stranded, lack of support, lack of transportation that is reaching the crisis center, seeing Medicaid or uninsured individuals

Magellan ID and Medicaid ID are not the same

Staffing standard with Magellan has affected the crisis center

12:50 PM 9. Community Reports/Announcements Darin Burrell
Please complete the BHB Gaps and Needs rating scale if you have not yet complete it.

12:55 PM 10. Public Comment Darin Burrell
Brandi Daw – BHC has streamlined their direct admissions process. Have adolescent beds at the BHC
Will be sharing the slides from the CSP conference as soon as they are available → could the CSP be an agenda item on next months meeting
DEA drug take back day 10/26 Save the Date

1:00 PM 11. Adjourn Darin Burrell
Meeting adjourned at 1:09pm

Next R7BHB Meeting: Friday, October 18, 2024, at 11:30 AM
@ Eastern Idaho Public Health – 1250 Hollipark Drive in Idaho Falls & Virtual

Region 7 Behavioral Health Board Mission:

To improve our systems of care within Region 7 for those affected by behavioral health issues. We will do this by evaluating gaps in services, encouraging collaboration among stakeholders, ensuring monitoring of critical statistics, and developing strategic plans based on the information.