

Regional Behavioral Health Board Gaps and Needs Report

This form is designed to collect information for the annual report to the Governor and Legislature about behavioral health services in Idaho. If you have any pictures of community events in your region, please attach them. Thank you for your help in improving the quality of behavioral health services for Idahoans!

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Region 7 Behavioral Health Board's Sub-Committees and Sub-committee Chair name and contact information:

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- Bylaw Subcommittee: Chris Brayton chris@brickhouserecovery.com

Please list your region's top three goals from last year:

(The below are three of the five goals that Region 7 BHB decided on for FY2023-2024.)

1. Increasing and improving rural engagement
2. Increase public awareness around substance use disorders, in particular fentanyl and other opioids
3. Gather data analytics related to behavioral health within the Region 7 BHB service area

Please list the top 3 action items for these goals from last year:

1. A. Convene board meetings in rural counties
B. Seek representation on the board from all rural counties
2. A. Presentations
B. Public awareness campaign
3. A. Crisis Center Data (Behavioral Health Crisis Center of East Idaho)
B. Youth Surveys

Please provide short answer on your success or outcome from last year's goals. If not, explain why.

Goal 1:

During fiscal year 2023 to 2024, the Region 7 Behavioral Health Board completed two county visits in Bingham County and Fremont County. During these county visits, regularly scheduled monthly meetings were held in these separate counties. Board members and the Eastern Idaho Public Health liaison reached out to community members and community organizations to ensure they knew these meetings were occurring. During the meetings community members and community organizations were able to share successes, gaps, and needs of their community. These were wonderful opportunities for the Region 7 Behavioral Health Board to understand the needs of the different communities it serves as well as provide education on the R7BHB mission and micro-grant opportunities.

The Children's Mental Health Subcommittee provided a School Safety Summit in October of 2023. They had individuals from rural communities join the conference both in-person as well as virtually.

The R7BHB also continued to recruit board members who lived in the rural communities that the R7BHB serves such as Fremont County.

The R7BHB shares a bi-monthly newsletter to individuals throughout the service area, including those in rural communities to share education, community events, grant opportunities, and more.

Goal 2:

In July of 2023 the Region 7 Behavioral Health Board held a fentanyl town hall in conjunction with EIPH and other community organizations in Bonneville County (Idaho Falls). The R7BHB has offered to host a fentanyl town hall in other communities and is working on continuing this goal into FY2024-2025.

The R7BHB began implementing bi-monthly newsletters where public awareness education campaigns are shared as well as community events and initiatives focused around behavioral health and substance use disorder education.

Goal 3:

The Behavioral Health Crisis Center of East Idaho shares monthly data reports with the R7BHB at each monthly R7BHB meetings.

As for the youth surveys, the board has not been able to get a survey to youth at this time but will continue efforts to work towards achieving this goal in the future.

What education and/or community events did you participate in?

R7BHB members participated in the following educational opportunities/community events:

- Bonneville County Fentanyl Town Hall
- Children’s Mental Health Subcommittee put together a School Safety Summit
- Substance Abuse Training
- Crisis Intervention Training
- SIM Mapping
- Tours of the Crisis Centers in Bonneville and Bingham County
- Hepatitis testing for Region 7 (Bonneville County and surrounding communities)
- Community Youth in Action Block Parties
- Play it Safe events
- Accelerated Resolution annual training
- BPA Ethics
- ISU Supervision Ethics
- Ethics for working with individuals diagnosed with co-occurring severe and persistent mental illness & addiction behavior
- BPA Community Crisis Intervention
- Idaho Conference of Alcohol and Drug Dependency
- Narcan Training
- Opioid Summit
- Overdose Awareness

Please list your region’s top 3 greatest gaps and needs in behavioral health for the current year

1. Access to housing, especially affordable housing
2. Public transportation
3. Access to/connections to community resources and supports such as:
 - a. Mental Health Services
 - b. Substance Use Treatment
 - c. Child/Adolescent Care
 - d. Crisis Care
 - e. LGBTQ+ Support
 - f. Suicide Prevention

Do you feel access to Mental Health services in your Region has improved, decreased, or is staying the same? Please explain why.

As a collective group, the R7BHB believes the access to Mental Health services within Region 7 has stayed the same for the following reasons:

- Waitlists for providers
- Accessing services can be complicated and confusing, especially for individuals in crisis or immediate need
- Transition to Magellan
- Funding and budget cuts at different agencies have restricted resources and enlarged community gaps
- Inflation

That being said, Eastern Idaho has seen the following improvements in increased access to Mental Health Services through:

- Rise Up Youth Crisis Center
- Center for Hope (Recovery Center) programs
- Increased Community Collaboration

Do you feel access to Substance Use Disorder services (Prevention, Treatment, Recovery) in your Region has improved, decreased, or is staying the same? Please explain why.

As a collective group, the R7BHB believes the access to Substance Use Disorder services within Region 7 has stayed the same.

Though there have been expansions to services, specifically recovery services provided through the Center for Hope, and an increase in individuals accessing services, there is now a need for increased funding to support the increase in individuals with a Substance Use Disorder accessing services. Also, the transition to Magellan has decreased access to Substance Use Disorder services.

Please provide a brief 20-50 word quote about the importance of mental health services in your region.

"Mental health can affect one person in a family and the general public thinks if we provide services to the diagnosed individual everything will be better, unfortunately; the general public are missing the other individuals in the home, extended family members, co-workers at the job, friends and those in the community affected by the one person struggling with their mental health symptoms."

Behavioral Health Gaps and Needs

Rate each category with 1 being the most critical in your area.	1-13
Access to treatment providers	2
Stable Housing	1
Community Crisis Center	6
Anti-Stigma education	8
Suicide Prevention Resources	7
Children/Adolescents Mental Healthcare	3
Veteran's Mental Healthcare	12
Caregiver supports (including education, training, emotional support, respite care, etc.)	11
Peer supports (including education, training, emotional support, etc.)	9
Substance use disorder treatment centers	4
Crisis Intervention Team (CIT) training for law enforcement officers	5
Mental Health Court	10
Other:	

If you chose "other", please provide more information: