



Children's Mental Health (CMH) Subcommittee Meeting

MINUTES

Friday, October 17, 2025 | 10:00 am - 11:15 am
Eastern Idaho Public Health – Conference Room
1250 Hollipark Dr. Idaho Falls, ID 83401 | ZOOM

Join Zoom Meeting:

<https://us06web.zoom.us/j/88401526582?pwd=SdQXP6MyANit8CmGftjiEUQM4H8x9X.1>

Meeting ID: 884 0152 6582 | Passcode: 818919 | Phone: 1-720-928-9299

In-Person Attendees: Lynn Wade, Teriann Ness, Dustin Park, Mallory Johnson

Virtual Attendees: Megan Slusher, Karl Casperson

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|----------|---|--------------|
| 10:00 AM | 1. Welcome, Introductions, and Roll Call | Teriann Ness |
| | Agenda Review and Call for Additional Agenda Items | Teriann Ness |
| | ACTION ITEM Approval of August Meeting Minutes | Teriann Ness |
| | - Dustin Park motions to accept the August meeting minutes as written. Commissioner Karl Casperson seconded. No further discussion. Motion carries. | |
| 10:10 AM | 2. Community Partner Updates | Teriann Ness |
| | - Lynn from NAMI shared a flyer for the Connection Peer Support Group. | |
| 10:35 AM | 3. Children's Legislation | Teriann Ness |
| | - No children's legislation. | |
| 10:45 AM | 4. Ideas for Regional Trainings | Teriann Ness |
| | - NAMI Idaho training in Boise this November: https://namiidaho.org/news/nami-idaho-2025-conference-and-annual-meeting/ | |
| 10:55 AM | 5. Identifying & Discussing Resolutions for Youth Gaps & Needs | Teriann Ness |
| | - Dustin shared how the Juvenile Probation Mentoring class is going. | |
| | - Reviewed the R7BHB 2025 Gaps and Needs Report and talked about the gaps and needs among youth | |
| | o Behavioral health services/counseling outside of the 9 to 5 hours (need for evening hours and weekend hours) | |
| | o Early intervention | |
| | o Family Support | |
| | o De-escalation | |
| | - Talked about youth services such as SPARC and Rise Up | |
| | - Dustin will reach out to Cedo with SPARC to invite SPARC to this meeting | |
| | - Discussed asking SPARC for a calendar to be shared in the monthly newsletter | |
| | - Lost the ability to communicate with each other, the CMH training attendance has dwindled down in the last few years | |
| | o We talked about working on a postcard and sending it out to get more members at this meeting or doing door knocking | |

- Teriann talked about a trainer who presented about burn out and talked about bring a training here
- January 16, 2026 – Potentially plan the meeting more like a community resource fair inviting counseling agencies, children's mental health agencies, schools, school counselors, youth probation officers, CYA/SPARC, pediatric center, Just4Kids, Matt Larsen, Ascend Counseling, School Resource Officers (SROs), Bonneville Interagency Council (BIC)

11:00 AM 6. Youth Focused Community Announcements

Teriann Ness

- Pearl Health Groups
 - Counseling groups for adolescents: SUD, LGBTQ+, Grief and Loss Group
 - Pearl has tried offering evening hours before and Megan will take the suggestion to the Pearl Health team

11:05 AM 7. Public Comment

Teriann Ness

- Red Ribbon Week: October 23rd through 31st

11:15 AM 8. Adjourn

Teriann Ness

- November meeting will be held virtual only
- Meeting adjourned at 11:08am MT

**Next CMH Committee Meeting:
Friday, November 21, 2025, at 10:00 AM**

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.