# Prevention Subcommittee Meeting AGENDA

Wednesday, January 15th | 10:00 am - 11:00 am | ZOOM

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## Join Zoom Meeting:

https://us06web.zoom.us/j/89897402592?pwd=ji3noZoOjCcm3NrGZsqCGjFRKgTaXO.1

Meeting ID: 898 9740 2592 | Passcode:694612

Attendance: Ashley Stallings, Camille Shaw, Bethany Deschamps, Mikayla Lank, Timalee Geisler, Mallory Johnson, Alison Cruz

10:00 AM 1. Welcome and Introductions

Agenda Review and Call for Additional Agenda Items

Ashley Stallings Ashley Stallings

No additional items

#### 10:10 AM 2. Goal of the Prevention Subcommittee

Ashley Stallings

• 3 main goals: suicide prevention, substance misuse prevention, child abuse prevention -Find gaps that exist on these topics in our communities.

## 10:15 AM Partnership for Success Grant updates

Alison Cruz

- Know Your Influence campaign
- Planning on getting banners at the Chukars stadium → Find Your Passion; Ashley would love to support the No Alcohol Night at the Chukars
- Positive Action Parenting Class How can UVCAC support this → Jefferson County School District,
  Madison, and Bonneville have expressed interest but that has fallen through; if UVCAC has parents or
  families that are interested in this training or could benefit from it, EIPH could start the program/small
  class from there, could do virtual or in person; If EIPH plans a date for the parenting classes, Ashley
  would be happy to share it on UVCAC social media

### 10:25 AM 4. Suicide Prevention Program updates

Timalee Geisler

- Created care cards for the High Schools with 988, Suicide, and Crisis Hotline Number on this, has a blank space on the back that says, "You Matter Because" where people can write something in
- Starting next week Timalee will be canvassing the county schools with window clings and care cards
- Have window clings for veterans → They are a high-risk category
- Have information and window clings to take to gun retailers and shooting ranges on suicide warning signs
- Taking postvention resources to funeral homes
- Blue-collar style campaign for Substance misuse and Suicide Prevention flyers to electrical and plumbing companies
- Ashley asked if there are school assembly programs around suicide prevention in schools? Timalee suggests focusing on saturation of 988 resource, one-and-done activities are not the greatest option.
- September 19, 2025, Suicide Prevention Conference in Idaho Falls

#### 10:40 AM 5. Regional Training discussion

- QPR Trainings would like 1 or 2 where multiple people attend, Timalee says there are people who are trained in QPR that could do it at no cost through the Community Suicide Prevention: <a href="https://communitysuicidepreventioneid.org/events/">https://communitysuicidepreventioneid.org/events/</a>
- Mental Health First Aid for Adults is available through EIPH.
- Wednesday, February 19<sup>th</sup> @ CEI, 6-9pm, \$20 cost per person, suicide prevention training
- Nampa resource event example <a href="https://connectionisthecureidaho.org">https://connectionisthecureidaho.org</a>

10:55 AM 6. Public Comment

Ashley Stallings

• No public comment

\*ACTION ITEM: Add Cedo Marroquin to future meetings

11:00 AM 7. Adjourn Ashley Stallings

Next CMH Committee Meeting: Wednesday, April 16, 2025, at 10:00 AM