



Children's Mental Health (CMH) Subcommittee Meeting

MINUTES

Friday January 16th, 2025 | 10:00 am - 11:15 am
Eastern Idaho Public Health Conference Room
1250 Hollipark Dr. Idaho Falls, ID 83401 | ZOOM

Join Zoom Meeting:

<https://us06web.zoom.us/j/88401526582?pwd=SdQXP6MyANit8CmGftjiEUQM4H8x9X.1>

Meeting ID: 884 0152 6582 | Passcode: 818919 | Phone: 1-720-928-9299

In-person Attendees: Kim Jardin Dickerson, Teriann Ness, Mallory Johson, Dustin Park, Tasha Baker

Virtual Attendees: Megan Slusher, Dave Peters, Karl Casperson, Allison Highley

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| 10:00 AM | <ol style="list-style-type: none"> 1. Welcome, Introductions, and Roll Call Teriann Ness Agenda Review and Call for Additional Agenda Items Teriann Ness ACTION ITEM Approval of November Meeting Minutes Teriann Ness Commissioner Karl Casperson motions to approve the meeting minutes. Dustin Park seconds the motion. No further discussion. Motion carries. |
| 10:10 AM | <ol style="list-style-type: none"> 2. Community Partner Updates Teriann Ness <ul style="list-style-type: none"> • Upper Valley NAMI – their mission is advocacy, education, and support; monthly educational classes that are free at the library on the 4th Wednesday, have a NAMI walk in June, helping RHS in their walk, have board openings and meet once a month • FISH – Community 501(c)3 of the Faith Based Council, does backpack for children, vouchers for overnight housing and gas, participated in the Giving Machine, have a need to fill the backpack with calculator and headphones, etc. • Idaho Parents Unlimited – Hosting support groups called “connection activities” that are virtual at this time for Parents and Youth, will email out flyers to Mallory Johnson • Peral Health – still has groups going on, have a few personnel with later hours during the week but not have Saturday hours at this time |
| 10:25 AM | <ol style="list-style-type: none"> 3. Children's Legislation Teriann Ness <ul style="list-style-type: none"> • Cuts to Medicaid through appropriation • Idaho Parents Unlimited provide weekly updates through a newsletter and their website, Allison mentioned they could provide updates to this group |
| 10:35 AM | <ol style="list-style-type: none"> 4. Community Outreach Event in February Teriann Ness <ul style="list-style-type: none"> • February 20th Resource Meeting in place of the CMH Friday meeting |
| 10:45 AM | <ol style="list-style-type: none"> 5. Ideas for Regional Trainings Teriann Ness <ul style="list-style-type: none"> • NAMI needs people to be trained in Zoom and online meetings to help with their meetings • Empowerment Retreat 2026 for local Idaho Falls mom for Children's with Mental Health Needs – teaches how to be a parent advocate for your kids, applications to participate are open at EasternIdahoDownSyndrome.org through January 21st, the event is in March, there will be a dads retreat in Summer 2026 |

- 10:55 AM 6. Identifying & Discussing Resolutions for Youth Gaps & Needs Teriann Ness
- Caps on services has been hard on families
 - Idaho Parents Unlimited has a list of representatives on their website that individuals can reach out to if they want to talk to their local representative
 - Children's respite care is no longer available unless they have YES services
 - Collect surveys at the February Resource Meeting similar to the R7BHB Gaps and Needs Survey
 - Cuts that have happened: ACT Team, HART, Early psychosis program, peer support, half day Partial Hospitalization Programs (PHP)
 - Applied Behavioral Analysis funding change
 - Peer supports can still renew certification for PyschHub Helping in a Mental Health Crisis, Have to get the certification through CPI
- 11:00 AM 7. Youth Focused Community Announcements Teriann Ness
- YMCA has youth volleyball and soccer starting up
 - Top Soccer website has signs ups for children with disabilities:
- 11:05 AM 8. Public Comment Teriann Ness
- No public comment
- 11:15 AM 9. Adjourn Teriann Ness
- Commissioner Karl Capseron motions to adjourn the meeting at 11:01am MT. Dustin Park Seconds. No further discussion. Motion carries.

**Next CMH Committee Meeting:
Friday, February 20th, 2026, at 10:00 AM**

The CMH Subcommittee's role is to ensure that the mission of the RBHB addresses the unique needs of the community for those under the age of 21 by providing awareness and support, addressing gaps and needs, making recommendations, and researching and developing ways to help and educate the community, children, youth, adolescents, and their families to the distinctive needs of the CMH population. These responsibilities are not limited to behavioral health concerns but also include education on the vast array of other factors that affect the lives of children and their families and involve partnering with the community to identify the gaps and needs within those respective communities.