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## **NEWS RELEASE**

FOR IMMEDIATE RELEASE May 6, 2016

## Children's Mental Health Community Engagement Events Scheduled Teton County event to be held in Driggs on May 25

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(Southeastern Idaho) – The Region 7 Behavioral Health Board will be hosting community engagement events throughout Eastern Idaho focusing on children's mental health. The funding for this project was made possible by a grant through the Blue Cross of Idaho Foundation for Health. At each event, mental health professionals will provide talks on the following topics: suicide prevention, bullying, anxiety, depression, stigma, and trauma recovery.

Region 7 has one of the highest youth suicide rates in the state, some of the highest rates of prescription drug abuse among youth, and the highest poverty counties throughout the state. These needs create an atmosphere where the lack of mental health information and services, particularly for children, fuels community concerns ranging from suicide, bullying, substance abuse, unemployment, and family isolation. Teriann Parker, Chair of the Children's Mental Health Sub Committee of the Region 7 Behavioral Health Board states, "One of the goals of the community engagement events is to plant the seeds of knowledge for communities to build on and provide a framework for infusing children's mental health services into the region while respecting each community's individual needs and concerns."

Details for the presentation in Driggs are listed below:

What: Children's Mental Health Community Engagement Event

**Date:** Wednesday, May 25, 2016

**Time:** Session 1: 2:30 p.m. to 4:30 p.m. & Session 2: 5:30 p.m. to 7:30 p.m.

(the same information will be presented at each session)

Place: Teton County Senior Center, 60 South Main Street, Driggs

**Who:** Any individual wanting information about Children's Mental Health.