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NEWS RELEASE

FOR IMMEDIATE RELEASE April 27, 2016

Children's Mental Health Community Engagement Events Scheduled Bonneville County event to be held in Idaho Falls on May 3

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(Southeastern Idaho) – The Region 7 Behavioral Health Board will be hosting community engagement events throughout Eastern Idaho focusing on children's mental health. The funding for this project was made possible by a grant through the Blue Cross of Idaho Foundation for Health. At each event, six mental health professionals will provide talks on the following topics: suicide prevention, bullying, anxiety, depression, stigma, and trauma recovery.

Region 7 has one of the highest youth suicide rates in the state, some of the highest rates of prescription drug abuse among youth, and the highest poverty counties throughout the state. These needs create an atmosphere where the lack of mental health information and services, particularly for children, fuels community concerns ranging from suicide, bullying, substance abuse, unemployment, and family isolation. Teriann Parker, Chair of the Children's Mental Health Sub Committee of the Region 7 Behavioral Health Board states, "One of the goals of the community engagement events is to plant the seeds of knowledge for communities to build on and provide a framework for infusing children's mental health services into the region while respecting each community's individual needs and concerns."

Details for the presentation in Idaho Falls are listed below:

What: Children's Mental Health Community Engagement Event

Date: Tuesday, May 3, 2016

Time: Session 1: 2:30 p.m. to 4:30 p.m. & Session 2: 5:30 p.m. to 7:30 p.m.

(the same information will be presented at each session)

Place: Eastern Idaho Public Health, 1250 Hollipark Drive, Idaho Falls

Who: Any individual wanting information about Children's Mental Health.