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NEWS RELEASE--FOR IMMEDIATE RELEASE

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Idaho WIC makes annual adjustment to income guidelines

Idaho’s Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) will implement new income guidelines effective July 1, 2017, that raise household income eligibility limits to help offset cost of living increases. This is an annual adjustment.

To be eligible for the WIC program, an individual must be a pregnant or breastfeeding woman, a woman who has recently been pregnant, or an infant or child younger than 5 years old. In addition, the individual must live in Idaho, have a special need that can be helped by WIC foods and nutrition counseling, and have a low-to-moderate income.

To be eligible on the basis of income, an applicant’s gross income (e.g., before taxes are withheld) must fall at or below 185 percent of the U.S. Poverty Income Guidelines. For example, under the new guidelines a family of three can earn up to \$37,777 annually; under the old guidelines a family of three could have earned up to \$37,296 annually.

If you or a family member are in the categories served by WIC and currently receive Medicaid, SNAP, TANF, or CHIP, you are automatically income-eligible for WIC.

WIC Income Eligibility Guidelines Effective July 1, 2017 through June 30, 2018

Number of Household Members*	Maximum Annual Gross Household Income
1	\$22,311
2	\$30,044
3	\$37,777
4	\$45,510
5	\$53,243
More than 5	Call the local WIC clinic

**One pregnant woman counts as two household members.*

WIC provides nutritious supplemental foods such as fresh fruits and vegetables, milk, eggs, cheese, cereal, juice, beans, and peanut butter at no cost to qualified families. WIC services also include health screenings, nutrition counseling, breastfeeding support and

information, help from registered dietitians, and referrals to other services that may aid a family in need. The average Idahoan enrolled in WIC receives approximately \$48 of healthy foods per month. There are currently more than 37,000 people per month receiving Idaho WIC assistance.

To apply for WIC or for more information about WIC in your area, call the Idaho CareLine at 211 or 1-800-926-2588. Information can also be found on the web at <http://www.wic.dhw.idaho.gov>.

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