

# Need A Little Extra Help?

## SNAP (Formerly Food Stamps)

<https://healthandwelfare.idaho.gov/services-programs/food-assistance/apply-snap>  
877.456.1233      MyBenefits@dhw.idaho.gov

## Medicaid

<https://healthandwelfare.idaho.gov/services-programs/medicaid-health>

## TANF/TAFI (Temporary Assistance for Families)

<https://healthandwelfare.idaho.gov/services-programs/financial-assistance/about-tafi>



This institution is an equal opportunity provider.